

Program Transfer Guide
Metropolitan Community College
Associate of Arts (AA) in
HUMAN SERVICES TRANSFER
→ UIU Bachelor of Sciences (BS) in
HUMAN SERVICES
MARCH 2026



Years 1 & 2 at Metropolitan Community College:

MCC Program Course Sequence			Course Transfers into UIU as			
Course ID	Course Name	# Cr	Course Id	Course Name	# Cr	Requirement Fulfilled
Major Requirements						
HMSV 1010	Introduction to Human Services	3	HSV 221	Intro. To Human Services	3	Major
HMSV 1120	Helping Skills & Techniques	3	PSY 355	Skills/Strat. in the Helping Prof.	3	Free Elective
HMSV 1130	Intro. to Counseling Theories	3	----	----	3	Free Elective
HMSV 1140	Assessment, Case Planning & Management	3	----	----	3	Free Elective
HMSV 1150	Community Resources	3	----	----	3	Free Elective
HMSV 2050	Ethics & Professionalism	3	HSV 454	Issues/Ethics in Helping Prof.	3	Major
HMSV 2110	Group Counseling	3	----	----	3	Free Elective
HMSV 2120	Social Services Policy & Exceptional Populations	3	HSV 384	Social Welfare Prog./Policies	3	Major
HMSV 2150	Multicultural Counseling	3	----	----	3	Free Elective
PSYC 1120	Human Growth & Development	3	EDU 142	Human Growth/Dev/Guid.	3	PPE Social Science
SOCI 1010	Introduction to Sociology	3	SOC 110	Principles of Sociology	3	PPE Soc. Sci. & Major
Option Requirement (POLS 2050)		3	PS 100	US Government	3	PPE Civ/Ethics
Option Requirement (SOCI 2050)		3	SOC 220	Social Problems	3	PPE Soc. Sci & Major
General Education						
ENGL 1010	English Composition I	3	ENG 101	English Composition I	3	PPE ENG 101
OR	OR	OR				
ENGL 1011	English Composition I w/ Studio	4				
ENGL 1020	English Composition II	3	ENG 102	English Composition II	3	PPE ENG 102
COMS 1110	Public Speaking	3	COMM 105	Public Speaking	3	PPE COMM 105
MATH 1300	Intro to Math & Comp. Thinking	3	----	----	3	Free Elective
OR	OR	OR	OR	OR	OR	OR
MATH 1305	Quantitative Literacy	3	MATH 101	Math for Liberal Arts	3	PPE Quant. Reason.
OR	OR	OR	OR	OR	OR	OR
MATH 1410	Statistics	3	MATH 220	Elementary Statistics	3	PPE Quant. Reason.
OR	OR	OR	OR	OR	OR	OR
MATH 1425	College Algebra	3.33	MATH 107	College Algebra	3.33	PPE Quant. Reason.
Critical Thinking/Creativity & Social/Cultural Awareness (PSYC 1010)		3	PSY 190	General Psychology	3	PPE Soc. Sci. & Major
Critical Thinking/Creativity & Social/Cultural Awareness (ARTS 1000)		3	ART 100	Introduction to Art	3	PPE Creative Expr.
Scientific Inquiry (SCIE 1300)		3	PHY 110	Introduction to Astronomy	3	PPE Science
Professionalism/Life Skills & Info. Literacy		3	----	----	3	Free Elective
Total occupational course credits earned:		63	Total course credits accepted:		63	
Total transferable credits#:		63				

UIU recommendations are **bolded**.

Quarter credits have been converted to semester hours of credit.

Years 3 & 4 at Upper Iowa University:

UIU Program Course List		# Cr	Requirement Fulfilled	Transferred In
Peacock Professional Experience (PPE) Courses				
FYS 120 OR FYS 122	First Year Seminar (Fayette) First Year Seminar (Online/Self-Paced)	3	Students who transfer to UIU with a completed Associate of Arts (AA) degree in liberal arts from Metropolitan Community College, will be considered to have fulfilled all lower-division Upper Iowa University general education requirements.	
ENG 101	English Composition I	3		
ENG 102	English Composition II	3		
COMM 105 OR COMM 200	Public Speaking Interpersonal Communication	3		
	any Human Values & Cultural Perspectives	3		
	any Quantitative Reasoning	3		
	any Science	3		
	any Social Science	3		
	any Civics, Ethics & Citizenship	3		
	any Creative Expression	3		
Additional Peacock Professional Experience (Gen Ed) Electives (if needed)				
<i>All students must complete at least 30 hours of general education (Peacock Professional Experience) coursework. If the student has had specific general education requirements waived above, you must meet the 30-hour minimum using any general education course(s) not already applied in the Peacock Professional Experience section.</i>				
PPE 100	Peacock Professional Experience Elective	3	PPE Electives	PSYC 1120
PPE 100	Peacock Professional Experience Elective	3	PPE Electives	SOCI 1010
Major Courses				
SOC 110	Principles of Sociology	3	Major/PPE SSCI	SOCI 1010
PSY 190	General Psychology	3	Major/PPE SSCI	PSYC 1010
HSV 221	Introduction to Human Services	3	Major	HMSV 1010
SOC 220	Social Problems	3	Major/PPE SSCI	SOCI 2050
SOC 240	Diversity in the United States	3	Major/PPE HVCP	---
PSY 302	Substance Abuse	3	Major	---
HSV 361	Marriage and Family	3	Major	---
HSV 375	Methods in Human Services I	3	Major	---
HSV 384	Social Welfare Programs and Policies	3	Major	HMSV 2120
HSV 454	Issues & Ethics in the Helping Prof	3	Major	HMSV 2050
<i>Two upper-Division Electives from any Human Services, Psychology or Sociology courses.</i>		6	Major	---
<i>One of the following:</i>		3	Major	---
HSV 403 Internship				
HSV 498 Senior Project				
HSV 499 Research Project				
Additional Elective				
Upper-Division Elective		12	Degree Requirements	---
Elective		24	Degree Requirements	---
Total additional credits needed at UIU to complete degree:		57		
Total transferable credits from MCC:		63		
Total Earned Credits:		120		

Courses to be taken at Upper Iowa University

~~ NOTES ~~

LEGEND:

- # Transfer grades lower than a C- will not be accepted.
- **Bolded** text indicates UIU recommendations.
- *Grayed out text* indicates courses fulfilled through transfer. Strikethrough indicates specific course if within grouping.

Students who transfer to UIU with a completed Associate of Arts (AA) or Associate of Science (AS) degree in liberal arts from Metropolitan Community College, will be considered to have fulfilled all lower-division Upper Iowa University general education requirements. However, all students must complete at least 30 hours of general education (Peacock Professional Experience) coursework. If the student has had specific general education requirements waived above, you must meet the 30-hour minimum using any general education course(s) not already applied in the Peacock Professional Experience section.

A minimum of 120 semester credits is required for a baccalaureate degree; up to 78 lower-division college semester credits from Metropolitan Community College. A minimum of 30 credits must be upper-division credits for a UIU baccalaureate degree; lower-division transfer work from Metropolitan Community College does not contribute to the upper-division credit requirement at UIU.

This program transfer guide is based on the March 2026 course-to-course articulation (UIU 2025-26 catalog & MCC 2025-26 catalog).

Every effort has been made to ensure the accuracy and completeness of this program articulation. The office of the Registrar of Upper Iowa University reserves the right to make corrections, additions, and deletions as necessary.

<i>Elective Transfer Table</i>						
MCC ELECTIVES			Transfers as UIU Course			
Course Id	Course Name	# Cr	Course Id	Course Name	# Cr	Requirement Fulfilled
Option Requirements (select two courses)						
ECON 1000 <i>OR</i> POLS 2050	Macroeconomics <i>OR</i> American National Government	3 <i>OR</i> 3	ECON 161 <i>OR</i> PS 100	Principles of Macroeconomics <i>OR</i> US Government	3 <i>OR</i> 3	Free Elective <i>OR</i> PPE Civ/Ethics
GEOG 1010	Fundamentals of Geography	3	----	----	3	Free Elective
GEOG 1050	Intro. to Human Geography	3	----	----	3	Free Elective
HIST 1010	United States History to 1877	3	HIST 110	American History to 1877	3	PPE Social Science
HIST 1110	World Civ. From Prehist. to 1500	3	HIST 100	World History to 1500	3	PPE Social Science
HIST 1120	World Civil. From 1500 to Pres.	3	HIST 101	World History Since 1500	3	PPE Social Science
HIST 2050	Modern Europe Since 1789	3	SSCI 150	Social Science Gen Ed	3	PPE Social Science
PSYC 2350	Fund. of Abnormal Psychology	3	PSY 360	Abnormal Psychology	3	Free Elective
SOCI 1250	Introduction to Anthropology	3	ANTH 110	Intro. To Cultural Anthropology	3	PPE HVCP
SOCI 2050	Current Social Problems	3	SOC 220	Social Problems	3	PPE Soc. Sci. & Major
SOCI 2160	Marital & Family Relationships	3	HSV 361	Marriage and the Family	3	Major
SOWK 1010	Introduction to Social Work	3	----	----	3	Free Elective

Maximize Your Transfer to UIU

Take up to 15 credits to fulfill Elective requirements.

Choose up to 15 additional credits at Metropolitan Community College to transfer into Upper Iowa University to fulfill Elective requirements. Talk with your advisors to ensure additional courses will fit with your degree plan and financial aid requirements.

Choose up to 15 credits from the following areas:

- Elective Requirements – up to 15 credits