



UPPER IOWA[®]
— UNIVERSITY —

EDUCATION BUILT FOR LIFE

INTERNATIONAL STUDENT ORIENTATION

August 23, 2023

**8:30 am Breakfast & Mingle- Conference Room 220, Second Floor
Student Center**

8:45 am Introduction and Ice Breaker

9:00 am Culture Shock

Transition is difficult for everyone. Learn some strategies for managing the transition to a new country and American culture.

9:30 am U.S. Health Insurance

Learn about the U. S. health care system and understand how your student health insurance will work and the benefits available.

10:00 am Counseling

Meet the counseling team and learn what resources are available to you.

10:15 am Accessibility Services

Learn about the resources and support for students with disabilities, as well as the faculty and staff involved in their education.

10:30 am Break

10:45 am Living on Campus and Knowing the Code

Learn what to expect living on campus, find out what resources are available, and know the code that everyone is expected to uphold.

11:00 am Academic Success and Visa Requirements

Get an understanding of the University's academic expectations and all the resources available to help you succeed as well as the rules and regulations for maintaining your visa and reporting requirements.

11:30am Getting Involved and Campus Tour

Tour the beautiful historic campus and see where different facilities are located. Learn about opportunities to join clubs and organizations.

12:00 pm Lunch**12:40 pm Technology**

This session will help you navigate the various technologies available to UIU students. Topics covered include UIU email, myUIU, uiuLearn, MyApps, printing on campus, Wi-Fi, IT Help Desk, and more! If you have a laptop or tablet, bring it to this session.

1:00 pm Title IX

Gain an understanding of Title IX and your rights as a student.

1:15 pm Tips, Tricks, and Tasks

Find out where to pick up mail, food service hours, what amenities are available for students, get a student ID, finish up paperwork.

1:30 pm Trip to Walmart

Walmart Supercenters offer a one-stop shopping experience by combining a grocery store with fresh produce, bakery, deli and dairy products with electronics, apparel, and home furnishings.