Exploring Transcultural Nursing in Boligg

Nursing in Belize

August 5-12, 2023



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Saturday August 5, 2023

Depart from Dallas Airport

- Flight Info:
 - American Airlines Dallas Ft. Worth to Belize City 12:20PM/2:15PM

 - *All times listed are local times.
 - *Cost does not include flight to Dallas
- Drive from Belize City to Belmopan (capitol of Belize)
- Arrive at World Gospel Outreach (WGO) Campus

https://www.wgoreach.org/belize



Sunday, August 6th

- Attend local church service
- Medicinal rainforest tour

*This itinerary is subject to change and is dependent on availability, safety, and weather in Belize.





Tuesday, August 8th

- Tour private hospital
- Tour outpatient health clinic
- Visit public nursing home
- Participate in service work



Wednesday, August 9th



Medical service work day in local community



Thursday, August 10th

Medical service work day in local community

Friday, August 11th

- Fun Day!!
- May include the beach, snorkeling, cave tubing, zip lining, or Mayan Ruins
- Will be decided by group



Saturday, August 12th

• Flight back to Dallas Ft. Worth

American Airlines 926Y Belize City to Dallas Ft. Worth 12:54 PM/ 5:10 PM

*All times listed are local times.

*Cost does not include connecting flight from Dallas



Cost

The Exploring Transcultural Nursing in Belize program fee is estimated at **\$2,900** + the tuition/audit fee.

- This price does depend on the number of participants enrolled in the program but is our best estimate based on 10 participants and previous program costs.
- For UIU nursing students taking this course for credit, the course will be offered in Session 6. You may use your Summer Semester tuition block financial aid, if applicable.
- All other participants will audit the course. The audit fee is \$285.
 This covers all other participants under the umbrella of the University insurance and policies.
- All full-time University employees will have the audit fee waived.

What is Included in Cost/Not Included

Included in Cost:

- Roundtrip flight from Dallas to Belize City
- Accommodations
- In-country transport
- All meals except on travel days
- Cost for the extracurricular activities in the itinerary
- International medical insurance

Not Included in Cost:

- Flights or transportation to and from Dallas
- Visa or passport expenses
- Additional travel insurance (optional but highly recommended)
- Checked luggage
- Flight upgrades
- Meals on travel days
- Souvenirs

Travel Insurance

UIU Requires all participants to show proof of adequate travel insurance trip coverage. Travel insurance will be covered by your trip cost and will be purchased on your behalf by WGO.

Participants must be covered, at a minimum, for the following:

Accidental death and dismemberment

• Accidental death and dismemberment insurance provides coverage for death or losing a limb or eyesight as a result of an accident. Note that death from natural causes, illness or by suicide isn't covered, so it's not the same thing as a life insurance policy.

Emergency medical coverage, evacuation, and repatriation

• This benefit covers the cost associated with medical evacuation if you have a medical emergency and you can't be treated at the facility closest to you. It will cover transport costs to another hospital or your home country, if necessary, and also includes transportation of remains.

Additional Travel Insurance: Trip Coverage Only

- Not required but highly recommended
- Price: Age 0-34 \$83/person; Age 35-59 \$125/person (custom price for WITTE Belize Trip)
- FULL POLICY PLAN: <u>https://partner.travelexinsurance.com/policy/?plannumber=TSB-1220</u>

IMPORTANT NOTES

- Travelex includes *Pre-Departure benefits *
- Who is Eligible: A person who has arranged to take a Trip, pays the required plan cost, and has a Primary Residence in the United States.
- Please Note: This policy may not be purchased after you have made final payment for your Trip. This plan is available for travel components booked directly by Witte Travel.
- Any travel arrangements made on your own are excluded under this plan.

Travel Protection Information:

- You can enroll in this plan when you register for the tour or at any time prior to making final payment on the tour.
- The pre-existing medical condition exclusion is waived if you purchase within 15 days of your initial trip payment, provided all insureds are medically able to travel and all prepaid nonrefundable trip costs are insured. This exclusion applies to
- The travel protection premium is non-refundable after the 15 day review period; or if you have departed on your trip, filed or plan to file a claim.

To Purchase Plan:

- Call 616-954-9690 Monday Thursday 8:30AM 5:00PM EST
- Please note there is a purchase restriction on this policy in that it must be purchased 15 or more days prior to your departure date. Within 14 days of departure, the policy is no longer available.

Step 1: Review Education Abroad Information

- Current Student, Staff, or Faculty:
- 1. MyUIU>University Wide> Education Abroad
- Friend of the University:
- 1. Apply to the university as a non-degree seeking student. <u>https://uiu.edu/apply</u>
- 2. MyUIU>University Wide> Education Abroad



Sign Up

Get your application started. No fee for online applications.

START YOUR APPLICATION

Sign In

Sign in to check on your status, or continue your application.

COMPLETE YOUR APPLICATION







REQUEST INFO

APPLY NOW

VISIT US

Step 2: Enrolling in a Faculty-Led Study Abroad Program

Once you are a student, your first step in enrolling in a Faculty-Led Study Abroad Program is to complete the Faculty-Led Study Abroad Application .

Next, download the required documents on the right of this page. Once you have completed and signed the required documents, upload them to the Faculty-Led Study Abroad Secure Document Upload tab below. Only your program leader, Chair of the Faculty-Led Study Abroad Committee, and the Coordinator of Student Life will have access to the secure uploaded documents folder.

Program Specific Application Form

1. PROGRAM SPECIFIC APPLICATION (Each program has an individual Program Specific Application as listed on the Education Abroad Website that needs to be completed.)

Required Documents to be Uploaded:

- 1. STUDY ABROAD CHECKLIST
- 2. A COPY OF YOUR PASSPORT (valid for at least six months beyond the dates of your trip)
- 3. A COPY OR PROOF OF YOUR TRAVEL INSURANCE
- 4. MEDICAL HEALTH FORM
- 5. HEALTH INSURANCE CERTIFICATION
- 6. FACULTY-LED STUDY ABROAD STUDENT FINANCIAL AGREEMENT
- 7. RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT
- 8. WAIVER, RELEASE, AND INDEMNIFICATION AGREEMENT
- 9. FACULTY-LED STUDY ABROAD FINANCIAL AGREEMENT

For assistance, please email <a>EducationAbroad@uiu.edu

Step 3: Reservations

- Each participant will need to register for their flight through WITTE travel. UIU will be paying WITTE directly for the round trip flight from Dallas to Belize
 - Please go to the website: bookings.wittetravel.com. Use the Online Booking Code: 080523TIPP to access the registration. Click CONTINUE TO BOOKING
 - Choose AIR and click BOOK NOW
 - New travelers CREATE ACCOUNT ; Complete and click REGISTER A TRAVEL ACCOUNT at the bottom right-hand corner
 - Complete the registration information. If you are wanting to book your connecting flight through WITTE, you can add remarks in the special arrangements section and they will assist you in making those reservations.
 - For questions regarding the registration, please contact Cindy Gless at 616 954-9678 or <u>cindyg@wittetravel.com</u>.

Step 4: Payment Schedule and How to Make a Payment

- To make reservations on this tour, complete the Registration Form and return it as indicated.
 Reservations cannot be accepted over the telephone. Payments made payable to Upper lowa University, are due as follows:
 - \$900.00 by APRIL 1st, 2023, non-refundable deposit due at time of registration
 - \$2,000.00 by JUNE 1st, 2023
- Reservations may be accepted after these dates, provided space is still available.
- Please note that checks returned due to insufficient funds are subject to a \$30 service fee.
- Payment plans can be arranged with the business office.

How to pay your deposit /bill?

www.uiu.edu >

Current Students > Pay UIU Bills Online > Study Abroad

Non-Refundable Study Abroad Trip	
\$0.00	
\$0.00	
Maximum \$5,000	
ID Number	
Maximum 30 characters	
* Student's First/Given Name	
Moximum 50 characters * Student's Last/Family Name	
Maximum 50 characters	
* Email Address	
Maximum 50 characters	
* Select your trip	
Select	•
Selection required	

NUR 352 Exploring Transcultural Nursing Course

Below is some information if you are taking the course for credit:

- The course will focus on
 - transcultural health modalities
 - culturally sensitive perspectives
 - studying the cultural of Belize and how culture impacts health in developing populations
- 4-credit course applied to nursing elective requirement for the major
- Please check with your Academic Advisor before registering
- Session 6: July 10th -August 17th, 2023
- Travel dates: August 5th-12th, 2023

Ready to Enroll in the Course?

- Registration for summer session 6 will open on March 27th, 2023.
- All student must complete the Study Abroad Checklist PDF <u>**PRIOR**</u> to being enrolled in the NUR 352 Exploring Transcultural Nursing study-abroad course.
- You must complete the form and obtain signatures from your academic advisor, student financial services, student accounts and lastly the registrar.
- Submit the completed form with all signatures to the registrar with the "Add Course" form. These forms may be obtained from your academic advisor.

General Information About World Gospel Outreach (WGO)

- We will be staying on WGO's campus in Belize.
- WGO is a protestant, non-denominational, evangelical ministry that does missionary work, including medical teams.
- It was founded in 1984.
- They will provide the accommodations, incountry transport, the itinerary, chef, and guides or translators as needed.
- <u>www.wgoreach.org</u>



Accommodations

- WGO Campus in Belmopan, Belize (Capitol)
- Male & female only cabins
- Nighttime security with a fence surrounding the camp & a codeprotected gate.
- All employees have had a background check.
- Cabins with air conditioning and WiFi
- Breakfast, lunch, & dinners included (they will do their best to work with dietary restrictions)
- Filtered water



Safety

- Level 2: Exercise Increased Caution advisory-This is due to crime.
- You can review travel advisory information for Belize here: <u>https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories/belizetravel-advisory.html</u>
- Leave valuable possessions at home.
- WGO works regularly in the villages and locations the group will be visiting and are aware of any incidents in the country and will adjust the schedule as necessary.
- Will be with WGO staff at all times.
- Students will not be able allowed to travel independently without the group or outside of the WGO campus.
- International insurance included.
- Required pre-departure orientation on safety and health.

Health

- There are no required vaccinations, but vaccinations for tetanus, typhoid, and routine immunizations are recommended.
- Belize is a risk area for the zika virus, malaria, leishmaniasis, diarrheal illness, and Dengue Fever.
- The best prevention for Dengue Fever is the use of mosquito repellent.
- Consult with your physician about your travel plans.
- Belize has a hot and humid climate, so it important to dress appropriately and stay hydrated.

Q. Do I need to be Covid-19 vaccinated? Are masks required abroad?

A. Currently, U.S. citizens can travel from the United States to Belize without vaccination against COVID-19. Masks are not currently required in Belize.

Q. What are the audit requirements for auditing students?

A. Participation in all activities and outings while abroad is required by all participants, however assignments will not be submitted or graded for auditing students or participants.

Q. Not located in the Midwest or need to fly out/return to a different airport than scheduled?

A. Sure! Each tour company handles this a bit differently, so speak with your program leader asap to get all of the accurate information to be able to do this! This most likely will affect the cost of your program, however, it doesn't always mean it will be more expensive.

Q. What are the physical demands for this program?

A. While each program is different, Belize may have uneven roads and walkways, lots of stairs and not many elevators, and most buildings do not meet the Americans with Disabilities Act (ADA) regulations. Participants will be transported in vans and roads may be unpaved.

Tours always includes walking. Visits to historical places often mean climbing stairs and walking on uneven surfaces or cobblestones. The Americans with Disabilities Act ("ADA") is only applicable within the U.S., and facilities for disabled individuals are limited outside its borders. A qualified and physically able companion must accompany travelers who need such assistance. Transportation services, including many tour motor coaches, are not equipped with wheelchair ramps. Handicap accessibility is not always available. Consult your physician if you have any concerns about your ability to participate.

Q. What kind of preparation is provided?

A. Trip preparation takes place over at least two meetings leading up to the trip.
 Attendance is required in order to build team unity and receive the necessary information & materials prior to your trip.

Q. How many people will be on this trip?

A. There must be a minimum of 8 students and there will be a max of 20.

Q. Do I need a valid U.S. passport?

A. Yes. If you don't already have a current U.S. passport, you may obtain one by picking up the forms at certain branches of the U.S. Post Office or go online to http://travel.state.gov/passport

Passports typically take six weeks to process.

Photocopy all important documents and keep them in a hidden place separate from the originals. Leave another copy at home with someone you can easily get in contact with while you are abroad.

Q. What should I pack?

A. A suggested packing list will be provided. Out of respect for WGOs policies and the local people, plan to wear long pants or capris and shirts with sleeves during the day. Closed toe shoes are required. It is recommended to pack light and limit to essentials.

Q. How much money should I bring?

A. Unites States currency is accepted in Belize. You may use your credit card and it is recommended to bring some cash in small denominations for personal purchases or souvenirs.

Q. What is the primary language in Belize?

A. The primary language in Belize in English. We may be working in some Spanish-speaking communities. WGO will provide translators as needed.

Questions?

Please contact Stephanie Tippin for additional information:

tippins@uiu.edu 260-413-9128

