

# EDGAR 86 SUMMARY Biennial Report 2023-2024

Substance Abuse Education and Prevention (SUEP) committee's official report to be submitted and placed on the UIU website for public access biannually; also communicated with Financial Aid, Human Resources, and the Department of Student Life. The purpose of the Drug and Alcohol Abuse Prevention regulations is to implement section 22 of the Drug-Free Schools and Communities Act Amendments of 1989, which added section 1213 to the Higher Education Act. These amendments require that, as a condition of receiving funds or any other form of financial assistance under any Federal program, an institution of higher education (IHE) must certify that it has adopted and implemented a drug prevention program as described in this part. ([eCFR :: 34 CFR Part 86 -- Drug and Alcohol Abuse Prevention](#))

## 1. Description of the AOD program elements to address: strategic intervention that affect the social, legal, economic, and physical environment.

In late 2015/early 2016 the AOD program was revised and a timeline of specific programmatic areas was created. Areas of focus include social norming campaign, mental/cognitive education regarding AOD, safety in relation to alcohol and other drugs, and financial and other costs of AOD. Upper Iowa's Fayette campus has a large student-athlete population. As a majority of the campus population, the student-athletes shape the culture on the campus. Many education and awareness initiatives are done by the Department of Athletics in conjunction with the Department of Student Life. In addition, the Department of Student Life collaborates within its offices such as Residence Life, and Counseling to organize programming for all campus students.

### A. STUDENT ATHLETE FOCUSED

#### a. Programming/Education 2022-2023:

- **Student Athlete Advisory Council (SAAC)**

The mission of the Upper Iowa University NCAA Division II Student-Athlete Advisory Committee is to enhance the total student-athlete experience by fostering an inclusive environment that:

1. promotes academic, social and leadership opportunity for all student-athletes;
2. protects the student-athlete well-being;
3. ensures student-athlete success through effective communication between athletics, administration and faculty; and
4. maintains a positive student-athlete image in our community consistent with the missions of the university, Athletic Department and GLVC.

#### Initiatives

**Make-A-Wish:** Since 2003, NCAA Division II has partnered with Make-A-Wish America as a national sponsor to help raise millions of dollars and grant hundreds of wishes for children battling critical illnesses. UIU Goal = \$2,000; Division II Goal = \$500,000

**Mental Health Awareness / Green Bandana Project:** The Northern Sun Intercollegiate Conference (NSIC) is committed to raising awareness around mental health and total well-being for all student-athletes. The Green Bandana Project, established at the UW-Madison in 2016, encourages individuals to tie a green bandana to their backpack showing support for those who are struggling with mental health and de-stigmatizes getting help. This

project expanded to all institutions in the NSIC the following year. This campus events is organized and facilitated in coordination with the campus counseling staff.

**It's A Slam Dunk, Don't Drive Drunk:** In honor of Drake Bigler, son of SMSU Men's Basketball Coach who died in a drunk driving accident in July 2012, SAAC Members provide education on driving responsibly and gather the names of individuals who pledge to not drive impaired.

**It's On Us / One Love Foundation:** It's On Us was created in 2014 as part of a Sexual Assault Initiative that noted the important of calling everyone into the conversation on sexual assault prevention. One Love Foundation was created in honor of Yeardeley Love, UVA Lacrosse Athlete, who was beaten to death by her ex-boyfriend. One Love engages young people through compelling, relatable films and honest conversations around healthy and unhealthy relationship behaviors.

**Diversity & Inclusion:** In 2019, NSIC SAAC created the "NSIC Influencers of Change Pledge", which supports diversity, equity, and inclusion. During the year, SAAC engages with the Ross Initiative in Sports for Equality (RISE) to further educate, support, and enhance diversity, equity, and inclusion.

- **Activities & Programming**

- Mental health Panel (Men)
- Mental Health Panel (Women): See Appendix 1
- Acker Mental Performance
- Domestic Violence Awareness (One Love Foundation)
- Slam Dunk, Don't Drive Drink: See Appendix 2
- Sexual Assault Awareness (It's On Us)
- The Hidden Opponent - student athlete mental health educate, advocate, support: See Appendix 3
- One Love: See Appendix 4

- b. **Programming/Education 2023-2024:**

- **Student Athlete Advisory Council (SAAC)**

- **Initiatives**

- **Diversity, Equity, & Inclusion:** During the year, SAAC engaged with Ross Initiative in Sports for Equality (RISE) to further educate, support, and enhance diversity, equity, and inclusion. We will partner with clubs on campus to promote equity for all.

- **Domestic Violence / Sexual Assault Awareness:** One Love Foundation was created in honor of Yeardeley Love, UVA Lacrosse Athlete, who was beaten to death by her ex-boyfriend. One Love engages young people through compelling, relatable films and honest conversations around healthy and unhealthy relationship behaviors. It's On Us was created in 2014 as part of a Sexual Assault Initiative that noted the important of calling everyone into the conversation on sexual assault prevention.

- **Driving Under The Influence:** UIU commits to raising awareness about the dangers of driving under the influence. SAAC organizes events to showcase the consequences of driving impaired, while also sharing ideas on how to safely socialize.

- **Make-A-Wish:** Since 2003, NCAA Division II has partnered with Make-A-Wish America as a national sponsor to help raise millions of dollars and grant

hundreds of wishes for children battling critical illnesses. UIU Goal = \$2,000; Division II Goal = \$500,000

**Mental Health Awareness:** UIU is committed to raising awareness to mental health and the total well-being for all student-athletes. The Green Bandana Project, established at the UW-Madison in 2016, encourages individuals to tie a green bandana to their backpack showing support for those who are struggling with mental health and de-stigmatizes getting help. This project expanded to all institutions in the NSIC the following year. While UIU joined the GLVC in 2023, we continue this programming in collaboration with the campus counselors every October.

In addition, in the spring of 2024 the Athletics Department, in response to a surge in student-athletes experiencing anxiety and suicidal ideation, conducted several focus groups to identify opportunities for additional support.

- Feb 12 – Met with SAAC to discuss mental health issues
- March – surveyed student-athletes on their mental health concerns
- April 4 – Small group discussion on mental health ideas where XA application score was discussed
- April 18 – Athletics administrative meeting over mental health topics where the decision to try the XA score App was made
- May 2 – Head coaches meeting with information on mental health practice changes and XA score App
- May 3 – Head Athletic Trainer had communication with RADical Health on their mental health program

- **Activities & Programming**

- Escalation Training (SAAC)
- Mental Health Panel (Men)
- Mental Health Panel (Women): See Appendix 5
- National Suicide Prevention Week (Softball)
- Blood Drive X2
- Drunk Driving Prevention + Awareness Games

**c. Student-Athlete Handbook:**

**i. Student-Athlete Code of Conduct**

Participation in intercollegiate athletics at UIU is a privilege and there are responsibilities associated with that privilege. The purpose of this Upper Iowa University (UIU) Student-Athlete Drug & Alcohol Policy and Code of Conduct Policy is to outline certain procedures and potential consequences for not adhering to the high standards of personal conduct expected of UIU student-athletes. We reserve the right to drug test at any point throughout the year. In addition to this policy, UIU student-athletes are subject to the rules and regulations of their individual team, the NCAA, respective conferences, and Upper Iowa University.

**ii. UIU Student-Athlete Drug & Alcohol Policy**

UIU student-athletes are prohibited from using or being under the influence of illegal drugs or other prohibited substances (as defined herein). The abuse of and/or dependence upon lawful substances (alcohol, prescription drugs, etc.) is also prohibited. It is the responsibility of the student-athlete to consult with Athletic Training staff to review the list of NCAA

banned-drug classes whenever purchasing over-the-counter non-prescription medications. (i.e., many common cold medicines and medications for allergy treatment contain small amounts of banned substances.) In accordance with UIU Athletic Department policies and procedures, it is the student-athlete's responsibility to inform the Athletic Training staff of any and all prescription medications that are prescribed by a physician. Such information is maintained confidentially and shared with others exclusively on a need to know basis. The Department of Athletics will inform student-athletes about the substance abuse policies (requirements and procedures) of both UIU and the National Collegiate Athletic Association (NCAA). To clarify, both UIU and the NCAA have policies and regulations regarding drug use and banned substances. Student-athletes will be given written information on both policies by an athletic administrator prior to their initial participation each year. All student-athletes must participate in the IADTP and NCAA Drug Testing program. Each student-athlete must sign an Institutional Drug Testing Consent form, along with the NCAA Drug Testing Consent form indicating understanding of/and agreement to comply with this policy in order to practice and participate in UIU intercollegiate athletics. Failure to sign these consent forms will preclude participation in intercollegiate athletics at UIU.

UIU Department of Athletics reserves the right to drug test. All student-athletes shall provide a urine sample for such testing when requested by Department of Athletics under this policy and when requested by NCAA. Samples will be collected in an environment that allows for reasonable degree of privacy for the student-athlete, and restricts the opportunity for tampering with or altering the sample. Failure to submit to a drug test will be treated in the same fashion as a positive test. Furthermore, if an individual attempts to tamper with or alter their urine sample, it will be considered an automatic positive test.

The Department of Athletics exercises discretion in the administration of the drug testing program and will make every effort to share information obtained in the administration of this policy only on a need to know basis. When the urine sample results are "positive", the Head Athletic Trainer will notify the VP of Athletics, the Head Coach, Senior Woman Administrator, and the Director of Counseling in the Office of Student Life. Other individuals on-campus may be notified, only as needed.

UIU initiated random drug tests will be conducted on a minimum of ten student-athletes per minimum of three (3) times each academic year. Student-athletes will be selected randomly through our 3rd party testing company – Drug Free Sport.

Student-athletes also may be referred for testing by the Head Athletic Trainer, Head Coach, or VP of Athletics at any time a reasonable suspicion exists that a student-athlete is in violation of this policy.

Student-Athletes may be notified of their responsibility to undergo drug screening under this policy via communications such as: text, phone, personal notification, etc. Once a student-athlete has been notified of a scheduled drug screening, it is the student-athlete's sole responsibility to follow all instructions, to report to the designated drug testing location, & at the designated time.

For the purposes of this policy, an offense is a serious accusation that comes to the athletic department from local police authority, campus security, the Office of Student Life (including RA's), or athletic training. A student-athlete who receives formal punishment from law enforcement, campus security, residence life or student life will be subject to the penalties in this policy. Strikes are accumulated over a student-athlete's career at Upper Iowa

University, but are subject to the discretion of the VP of Athletics, SWA, and athletic department senior staff.

### **Tobacco**

- Upper Iowa University is a Tobacco-Free campus
- 4 Strike Penalty
  1. First Strike
    - a. Written warning from Head Coach and VP of Athletics\
  2. Second Strike
    - a. One-week suspension (defined below)
  3. Third Strike
    - a. Two-week suspension (defined below)
    - b. Parents notified
  4. Fourth Strike
    - a. Lose scholarship
    - b. Dismissed from team

### **Alcohol / Marijuana**

- Consumption of alcohol and/or use of marijuana within 24 hours of a practice or competition is prohibited.
- The consumption of alcohol or use of marijuana while on University-sponsored athletic travel is strictly prohibited, regardless of age.
- Examples include but are NOT limited to:
  - Underage drinking and/or purchasing of alcohol
  - Minor in possession (MIP) / Minor Consumption
  - Public Intoxication
  - Public Urination
  - Manufacturing, distribution, or sale of marijuana
  - Drunk and disorderly conduct
  - Consumption of alcohol or use of marijuana by a student-athlete host and/or their assigned prospective student-athlete during an official recruiting visit
  - Consumption of alcohol or use of marijuana on University-sponsored team travel
  - Any violation of the Upper Iowa University Student Code of Conduct or other University policy involving alcohol or drugs.
- 3 Strike Penalty
  1. First Strike Penalty
    - a. Written warning from Head Coach and VP of Athletics
  2. Second Strike
    - a. Two-week suspension (defined below)
  3. Third Strike
    - a. Dismissal from team
    - b. Loss of scholarship
    - c. Parent's notified

**Illicit Drugs** (*Marijuana is excluded and will fall under the Alcohol/Marijuana policy. See above.*)

- The use of illicit drugs in any capacity is strictly prohibited
- Drug use while on University-sponsored athletic travel is strictly prohibited.
- Examples include but are not Limited to:
  - Possession or use of illicit drugs

- Testing Positive for banned substances
- Consumption, manufacturing, distribution or sale of illegal drugs.
- Minor in possession (MIP)
- Public intoxication
- Public urination
- Drug use by a student-athlete host and/or their assigned prospective student athlete during an official recruiting visit
- Drug use on University-sponsored team travel
- Any violation of the Upper Iowa University Student Code of Conduct or other University policy involving alcohol or drugs.
- 2 Strike policy
  1. First Strike
    - a. Two-week suspension
    - b. Written warning from the Head Coach and VP of Athletics
    - c. Meet with the Director of Counseling and Wellness for a substance abuse evaluation
    - d. Automatically on the retest list
  2. Second Strike
    - a. Immediate dismissal from team
    - b. Loss of scholarship
    - c. Parents notified

### **Steroids**

- The use of all steroids unless prescribed by a medical doctor with a written explanation is strictly prohibited. Medical documentation must be provided to Athletic Training prior to the start of the season.
- 1 Strike policy
  1. First Strike
    - a. Immediate dismissal from team
    - b. Loss of scholarship
    - c. Parents notified

### **Suspension**

For the purposes of this policy, suspension is defined as the inability to practice, compete or travel with any Upper Iowa University Athletics team. However, suspended student-athletes may, with the approval of the coach and designated sport administrator, attend team meetings and retain privileges to access training table, the athletic training room, academic support services and individual use of weight training, with proper supervision.

- During suspension, the student-athlete must pay or make financial arrangements for any fines he/she has received
- Meet with the Director of Counseling and Wellness
- A student-athlete has the right to appeal sanctions and must do so within one week of their suspension.

### **Safe Harbor**

Any student-athlete may refer themselves for evaluation or counseling by contacting any member of the Athletic Training staff, Department of Athletics administration, member of the coaching staff, or Director of Counseling. This arrangement will be known as “Safe Harbor” because it is strictly confidential and no team or administrative penalties are imposed upon the student-athlete who has made a personal decision to seek professional assistance. Upon entry into the Safe Harbor program, the student-athlete will undergo drug testing to establish baseline levels for any substances. Furthermore, the student-athlete will

be required to attend a mandatory assessment interview conducted by the Director of Counseling. Based on the assessment, the student-athlete may be required to participate in and complete further counseling and education. Safe Harbor will terminate with the next drug test. If the student-athlete tests positive at the next drug test, he/she will be subject to the penalties of that positive test as stated in this policy – beginning with the first strike. A student-athlete cannot initiate Safe Harbor after he/she has been informed of his/her required participation in an impending drug test. A student-athlete may enter Safe Harbor only one time. **Safe Harbor only applies to UIU and is not recognized by the NCAA Drug Testing program.**

### **NCAA Drug Testing Program**

The NCAA drug testing program involves urine collection at NCAA Championship events, random on-campus visits, and off-campus during the summer months. The NCAA Drug Testing Program will use laboratory analyses for substances on the banned drug list developed by the NCAA Executive Committee. This list includes illegal drugs, nutritional supplements, energy bars, herbal drinks, and energy substitutes, as well as many over-the-counter medications.

Furthermore, many products are not regulated by the Food and Drug Administration (FDA). It is the responsibility of the student-athlete to notify the Athletic Training staff of any medications or supplements the student-athlete currently uses or intend to use. A student-athlete's lack of knowledge that a drug or product is banned is not an adequate defense for a positive drug test under NCAA rules or the UIU IADTP.

A student-athlete who is found to have utilized a substance on the list of banned-drugs by the NCAA will be declared ineligible for further participation in regular-season and post-season competition in accordance with NCAA regulations. A student-athlete who tests positive will remain ineligible for one (1) calendar year from date of the positive result and will be charged with the loss of one season of competition. A second positive test for "street" drugs will impose an additional year of ineligibility. Failure to submit to a drug test will be considered as an automatic positive test. Furthermore, if an individual attempts to tamper with or alter their urine sample, it will be considered as an automatic positive test. Reference NCAA Bylaw 31.2.3. for the list of NCAA banned drugs and products.

### **iii. Team Code of Conduct Standards**

Each respective head coach may develop and enforce team discipline and code of conduct standards in addition to those set forth in this policy. Such team discipline and code of conduct standards must be in writing and approved in advance by the VP of Athletics. Team discipline and code of conduct standards may be more inclusive and restrictive than athletics department standards, university, conference, and/or NCAA rules. Head Coaches have the authority to discipline student-athletes, up to and including suspension or dismissal, if violations of team discipline and code of conduct warrant such action. Any such suspension or dismissal by a head coach may be appealed pursuant to the Appeals procedures set forth under the Appeal procedure below. Any disciplinary sanction imposed by a Head Coach, other than suspension or dismissal, shall be final and not subject to any further appeal.

### **Definitions of Misconduct**

There are two (2) types of misconduct for which a student-athlete may be disciplined or sanctioned under this Student Athlete Discipline and Code of Conduct - Category I Misconduct and Category II Misconduct:

#### **Category I Misconduct**

Any of the following acts by a student-athlete constitutes Category I misconduct:

- Violation of a criminal law that is classified as a felony by the State of Iowa (e.g., fraud, sex offenses, aggravated assault, sale/distribution of illegal drugs, etc.); or
- Violation of a term of probation or other condition imposed by a court in a criminal proceeding.

A student-athlete is determined to have committed Category I Misconduct when:

- The student-athlete is convicted of, does not contest (i.e., a guilty or nolo contendere plea), or receives a deferred judgment for a crime that is classified as a felony by the State of Iowa; or
- The student-athlete is found by a court to have violated a court-imposed term of probation or other condition.

### **Category II Misconduct**

Any of the following actions by a student-athlete constitutes Category II Misconduct:

- Violation of a criminal law that is not classified as a felony by the State of Iowa (e.g. minor possession, traffic violations, public intoxication, etc.); or
- Violation of a term of probation imposed by a University official or Department of Athletics; or
- Violation of a Department of Athletics policy; or
- Violation of an Upper Iowa University policy, directive, rule, and/or regulation; or
- Willfully giving false, misleading, malicious, etc. information to a University official.

A student-athlete is determined to have committed Category II Misconduct when:

- The student-athlete is convicted of, does not contest (i.e., a guilty or nolo contendere plea), or receives a deferred judgment for a crime that is not classified as a felony by the State of Iowa; or
- The student-athlete is determined by the VP of Athletics to have violated a Department of Athletics policy; or provided false, misleading, or malicious, information to a University official; or
- A University official or hearing body has determined, in accordance with its official procedures, that the student-athlete violated a University policy, directive, rule, and/or regulation.

### **Interim Suspension**

The VP of Athletics, in consultation with selected University officials he or she deems appropriate, may place a student-athlete on interim suspension from participation in practice or competition and/or access to athletic department services, pending the procedures set forth below, when verified and credible information exists that Category I or Category II Misconduct has been committed by a student-athlete (i.e., written statements, University records, third-party or witness statements, or acknowledgement by the student-athlete). By placing a student-athlete on interim leave, the Department of Athletics and UIU is not prejudging guilt or innocence nor whether department discipline is necessary.

### **Disciplinary Meeting**



The VP of Athletics shall follow the following procedures before imposing disciplinary sanction(s): (1) notify the student-athlete, and University officials he or she deems appropriate, of the specific charge(s) of misconduct and substantiation concerning the charges; and (2) provide an opportunity for a meeting at which the student-athlete may explain the circumstances, orally or by submission of a written statement. Following these procedures, the VP of Athletics will determine whether discipline is warranted based on the available information and the greater weight of the evidence with respect to any disputed facts. Such discipline may include sanction(s) such as the following: warning, reprimand, probation with or without conditions, requirement for restitution, conditions to encourage personal rehabilitation (i.e. counseling and/or community service), suspension and/or dismissal. Any suspension or dismissal by the VP of Athletics maybe appealed pursuant to the Appeals procedures set forth below. Any disciplinary sanction, other than suspension or dismissal, imposed by the VP of Athletics shall be final and not subject to any further appeal.

### **Appeal**

A student-athlete may appeal any sanction(s) that results in the suspension or dismissal of the student-athlete from participation in practice, competition, and/or services provided by the Department of Athletics. Appeals will be heard by a committee consisting of the Senior Woman

Administrator or designee, the Faculty Athletic Representative or designee, and a member of the Office of Student Development. Notification of appeal must be directed to the VP of Athletics in writing within five (5) working days following the imposition of the dismissal or suspension.

The reason for the appeal and the requested remedy must be included in the written appeal. The student-athlete has a right to be advised by a person of his/her choosing. The student-athlete shall disclose to the VP of Athletics the name of his/her advisor and relationship prior to the committee hearing the appeal. The advisor may advise the student-athlete on the preparation and presentation of the appeal and accompany the student-athlete to the appeal meeting. The advisor may not present at any time or in any fashion or form, the appeal for the student-athlete; conduct direct or cross-examination of any person; appear in front of the committee representing the student-athlete; disrupt or delay the proceedings. The Appeals committee can remove the advisor for not complying with the procedures of the meeting. The student-athlete and the VP of Athletics shall present their respective positions to the Appeals committee. The committee proceedings are not judicial, so formal legal rules of evidence do not apply. The committee shall deliberate in private and decide by majority vote to lift, modify, or maintain the suspension or dismissal.

### **Subsequent Change in Circumstance**

After the appeal, if there is a substantial change in circumstances affecting a student-athlete who has been suspended or dismissed from participation in practice, competition, and/or services provided by the Department of Athletics, the student-athlete may petition the VP of Athletics to review the changed circumstances. The student-athlete may submit a written statement in support of the request. If in the sole discretion of the VP of Athletics, the circumstances warrant a change in a suspension or dismissal, a student-athlete may be reinstated by the VP of Athletics. A student-athlete's disagreement with an earlier decision of the VP of Athletics or Appeals committee shall not in and of itself constitute a change in circumstance sufficient to warrant reinstatement.

### **Sanctions impacting Athletically-Related Financial Aid**

A student-athlete may also appeal a revocation or modification of athletically-related financial aid in accordance with established NCAA procedures.

### **Records and Privacy**

Records of Category I and Category II Misconduct and actions taken will be maintained in the student-athletes record file in the Department of Athletics Office of Compliance and forwarded to the Dean of Student Development or designee in the Office of Student Development. These records will be treated in accordance with applicable law and UIU policies regarding confidentiality. However, to the extent permitted by law, the VP of Athletics reserves the right to notify a student-athlete's parents or legal guardians of Category I or Category II Misconduct and the action taken by the Department of Athletics and/or UIU hereunder.

### **B. RESIDENCE LIFE FOCUSED**

RA Programming is an important part of student development. Programming provides education and social engagement for students looking to gain a new skill, stay informed, and meet new people. The mission of residence life programming is building community, promoting safety, and establishing UIU core values among students.

#### **a. Programming/Education:**

<b>Program Title</b>	<b>Date</b>	<b>Location</b>	<b>Notes</b>
Health Brownies	9/4/2023	SV1 Lobby	Taught students how to make quick and healthy brownies. Also, thinking about the socialization of students and having games and conversations at the same time
Wellness Wednesday	9/20/2023	Student Center	Wellness Wednesday. Healthy study habits, taking breaks, preparing for finals
Meditation Painting	9/27/2023	Student Leadership Center	Each resident was provided with pain and a personal canvas. The program's theme will be "relaxing from stress through painting." There was campus counselors' information printouts provided, as well as other mental health awareness resources. Snacks and lemonade were provided as well.
STD Trivia and Activities	10/3/2023	Garbee Lower	Offered pamphlets and other materials on STD safety while also playing some games.
Alcohol Awareness - Cup Pong Tournament	10/11/2023	Grace Meyer Square or Student Center	Teaching students the problems with alcohol abuse by showing them that they can have fun doing a traditional drinking game (cup pong) and drinking other beverages like juice or water.
Rock Painting	10/17/2023	Outside of Student Center	Residents painted rocks and write a positive message or uplifting phrase to put on the bottom of the rock. Residents then distributed their rocks across campus so that others could pick them up and read a phrase to brighten their day.

<b>Location of Event</b>	<b>Program Title</b>	<b>Notes</b>
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Outside of the Student Center	Rock Painting	Residents painted rocks and write a positive message or uplifting phrase to put on the bottom of the rock. Residents then distributed their rocks across campus so that others could pick them up and read a phrase to brighten their day.
Ballroom	Winter safety and blanket-making	Students on campus made creative tie blankets and learn about the importance of having the right equipment for the winter season. This activity was held in the student center at 7:00 pm on December 5th. This also worked as a stress reliever, but our main focus was staying warm in the winter.
SV1 Floor1	Diversity and culture cookies	We were making and cutting sugar cookies out using fall-themed cookie cutters. looked up a few articles about native American traditions, the history of Thanksgiving, and other fall themes and cultural events.
SV3 floor 1	Cooking lessons	Cook fish and deer, teaching about the nutritional/cost benefits.
SV2 Lobby	Pizza and stress relief	The program offered a break from studying and a chance to enjoy pizza while learning effective stress-relief strategies before finals
SV1 lobby	Dangers of gambling	This pool tournament was based on learning about gambling addictions/sports betting. Learned the dangers and where to go if you feel you my need help.
Student Center	Positiv-tea in a jar	Students can enjoy writing down things that bring them happiness and peace onto popsicle sticks, which will then be placed in their own jars they can decorate. Remembering to stay optimistic in the colder months and during hard times is pertinent for someone's overall health and well-being. Information about the counseling department was shared with the participating students.
Leadership center	love and learn	Using different crafting supplies to create cards and posters representing Valentine's Day. During this, we talked about what makes a relationship healthy. And what to do if you find yourself in an unhealthy relationship.
REC center	Hockey	Taught students how to play indoor hockey and showed them a new way to stay active in the cold months.
REC center	Drunk goggle racing	Used the drunk and substance goggles to show students what they see when they drink too much and how it affects them and their ability to do simple things. We tried to show the basketball, dribble, and run inside the track lines. They talked about how much google affected their movements. Paperwork about drinking was also provided by the Fayette police department.
Student center cafe	Safe Sex Olympics	Got materials about safe sex and different dishes that can be gotten through unprotected sex. Also brought up that an STD/STI clinic will be on campus every month to give out free texting and help provide free treatment to anyone who needs it. Gave out condoms and

		EC kits to students who wanted them.
SV1 lobby	Brownie points	RA made brownies for everyone in the building and packaged them. Each package has tips on studying during finals and the hours the tutor center is open.
Student center cafe	Drink more water	This is an educational program where we focus on bringing data on the impact that disposable water bottles have on our surroundings, like our city, state, country, and worldview. It is important to drink water every day and how blessed/lucky we are to have good quality filtered water in our dorms. In addition, for those of us who drink purchased water, I'd like to bring solutions for what can be done with these plastic bottles, different purposes and uses other than the usual garbage. With this in mind, we would like to distribute reusable bottles and encourage students to use them in their daily lives, including awareness stickers, team/sports stickers, country stickers, and colorful stickers

### C. *FAYETTE CAMPUS STUDENTS*

#### b. **Programming/Education:**

##### i. **Self Care Giveaway (2022-2023)**

UIU Counseling advocated for mental health awareness The department offered books, blankets, etc. to raise self care awareness as well as mental health awareness.

##### ii. **Judicial Educator Course (2023-2024): Educational sanction platform**

- Alcohol – 5 students completed
- Marijuana – 3 students completed
- Personal Decision – 3 students completed

##### iii. **Wellness Giveaway (2023-2024)**

UIU SAAC & Counseling Collaborated to advocate for mental health awareness during Mental Health Awareness Week. They offered a Self-Care Basket and a Massage as part of their efforts to encourage students to prioritize their mental well-being. This initiative highlighted the importance of self-care and mental health support within the UIU community.

##### iv. **Substance Use Disorder Evaluation (2022-2024)**

UIU Counseling provides assessment services for substance use disorder evaluations for UIU students.

The following is the result:

2022-2023 = 3 students completed

2023-2024 = 3 students completed

##### v. **STI/STD Clinic (2023-2024)**

Counseling offered free and confidential HIV/STI testing on campus to promote awareness and the importance of regular testing. This walk-in service required no appointment, making it easy for students to participate and stay informed about their sexual health.

**vi. Distributing Informational Posters and Brochures at Recreation Center (2022-2024)**

Below are examples of the topics covered by these materials.

**1. Inhalants**

This poster highlights the dangers of inhalant abuse, which involves breathing in chemical vapors to achieve a high. It explains the potential health risks, including brain damage, heart failure, and sudden death.

**2. MDMA (Ecstasy)**

This brochure provides information on MDMA, commonly known as ecstasy. It covers the short-term effects, such as increased heart rate and dehydration, as well as long-term consequences like cognitive deficits and emotional problems.

**3. Barbiturates**

The poster educates students about barbiturates, a class of drugs that depress the central nervous system. It warns about the risk of overdose and the potential for addiction.

**4. Amphetamines**

This brochure details the effects of amphetamines, which are stimulants often abused for their energy-boosting properties. It discusses the dangers of addiction, heart problems, and mental health issues.

**5. Prescription Drugs**

This poster raises awareness about the misuse of prescription drugs, including painkillers, sedatives, and stimulants. It emphasizes the importance of using medications only as prescribed by a healthcare professional.

**6. Over-the-Counter Drugs**

The brochure informs students about the potential for abuse of over-the-counter medications, such as cough syrups and antihistamines. It explains the health risks associated with taking these drugs in large quantities.

**7. Drug Facts**

This comprehensive poster provides general information about various drugs, their effects, and the risks associated with their use. It serves as a quick reference guide for students.

**8. Drinking & Violence**

This brochure highlights the link between alcohol consumption and violent behavior. It discusses the increased risk of becoming involved in fights, assaults, and other violent incidents while under the influence.

**9. Drinking & Driving**

This poster focuses on the dangers of drinking and driving. It provides statistics on accidents and fatalities caused by impaired driving and offers tips for safe alternatives.

**c. Policy:**

**i. Student Life Policy (NUMBER/TITLE: SL-704, TOBACCO & VAPE FREE)**

Covered Individuals: All Employees, Students, Visitors

Covered Locations: All Locations

Effective Date: January 5, 2018

Strategic Priority: SP 1

HLC: Criterion 2.A, 2.B

Consultations: AVPSL, VPASA, Director of Student Life and Engagement

### **POLICY IMPLEMENTATION**

Upper Iowa University prohibits the use and possession of all forms of tobacco and vape products and non-FDA- regulated nicotine products on property owned, leased, rented, or properties in the possession of the University. The sale or distribution of tobacco, tobacco-related products, vape products and other unregulated nicotine products on or within UIU-managed property is prohibited. Advertising smoking, vaping, tobacco, tobacco-related products, and other unregulated nicotine products in University publications and within UIU-managed property is prohibited.

### **CUSTODIAN**

Assistant Vice President for Student Life

### **RELATED DOCUMENTS, FORMS, AND POLICIES**

None.

### **HISTORY**

<b>New/Revision Number</b>	<b>Date of Action/Approval</b>	<b>Revision Change</b>
SL-704	March 27, 2023	Vape and vaping added to the Policy. Purpose added.
SL-704	February 14, 2023	Policy put into new template.
704	January 5, 2018	Policy approved by President's Council.
704	November 29, 2017	Annual review of policy by University Policy Committee.
704	November 10, 2016	Annual review of policy; approved by President's Council.
704	February 6, 2015	Policy created; approved by Board of Trustees.

## **ii. Student Life Policy (NUMBER/TITLE: SL-703, DRUG-FREE SCHOOLS AND COMMUNITIES ACT SUBSTANCE ABUSE**

Covered Individuals: All Students and Employees

Covered Locations: All Locations

Effective Date: March 16, 2022

Strategic Priority: SP 1

HLC: 1.B

Consultations: VPASA, AVPSL, Director of Student Engagement and Leadership, Events Coordinator, Assistant Athletic Director for Campus Recreation

### **POLICY STATEMENT**

Committed to maintaining a campus environment conducive to the intellectual and personal development of students and to the safety and welfare of all members of the University community. To that end, UIU does and will act in accordance with the Drug-Free Schools and Communities Act of 1989, as amended, and its implementing regulations at 34 C.F.R. Part 86, as amended. This Policy relates primarily to UIU students; for policy that pertains directly to UIU employees, go to Policy 308 – Drug Free Workplace Policy.

### **PURPOSE**

To prevent the abuse or unlawful possession, use, or distribution of alcohol and illicit drugs by all students and to promote optimal learning on our campus. Additionally, to ensure the safety and well-being of our students.

### **DEFINITIONS**

None.

## **POLICY IMPLEMENTATION**

Alcohol – The University neither condones nor sanctions the use of alcohol. UIU encourages students to hold substance-free events and programs. All individuals are expected to observe the alcoholic beverage laws of the state or province and country in which the campus or center is located. Members of the University community who are of legal age are expected to make responsible decisions about the use of alcohol and to assume full responsibility for their personal conduct and actions. This includes respecting the rights of those individuals who choose not to use alcohol. In consideration of state and local laws, the possession and use of alcohol by underage persons is prohibited on University property. The possession, use, or sale of alcoholic beverages is prohibited on University property unless otherwise permitted under the guidelines. Students of legal age are not permitted to give alcohol to any student, not of legal age.

Drugs – In consideration of federal, state, and local laws, the possession, use, or sale of illicit drugs or possession of drug paraphernalia is prohibited on any University property.

### **Procedures**

1. A student or employee shall not make alcoholic beverages available to any student, employee, or guest who is under the legal drinking age.
2. Students of legal age living in the residence halls can consume alcoholic beverages inside their rooms on a personal basis. The student choosing to consume alcoholic beverages shall do so with care and in a responsible manner. When consuming alcoholic beverages, the student is responsible for their actions and will avoid conduct that is disruptive to the general area. Open containers of any kind containing alcoholic beverages are not permitted outside the student's room, including, but not limited to, all common areas of the residence hall. Students of legal age are not permitted to give alcohol to any student not of legal age.
3. Full-time employees of the University or another entity who reside on University property or in University owned housing, or who get temporary shelter due to severe weather conditions, are required to obey all federal, state, and local laws related to alcohol. Employees are expected to behave responsibly when consuming or possessing alcoholic beverages, including not exiting their residences with alcohol or serving alcohol to any students of any age.
4. The possession or consumption of alcoholic beverages is not permitted at any campus social activity, athletic event, intramural activity, student campus organization activity, University sponsored student trip, student activity for prospective students and recreational areas of the University unless the event has been approved by the following: Residential Campus – Director of Student Engagement & Leadership, Assistant Vice President of Student Life (AVPSL), and the Events Coordinator; University Centers – Vice President for Finance & Enrollment Management (VPFEM). A department requesting such an event shall complete the Alcohol Availability Request Form which can be obtained from Student Life or the Events Coordinator. Departments requesting permission to serve alcohol must meet the following requirements:
  - a. Responsibility for obtaining proof of age before serving an alcoholic beverage lies with the licensed vendor. Departments, organizations, individuals or groups hosting or sponsoring the event must provide adequate supervision and implement precautionary measures to ensure that alcoholic beverages are not accessible or served to persons under the legal drinking age or to persons who appear intoxicated.
  - b. All individuals or registered groups must comply with local, state, and federal laws applicable to the location of the campus/center in which student is enrolled or to which the group is affiliated, and the policies of the University. It is the duty and responsibility of the sponsoring organization(s) or individual(s) to provide

adequate supervision and to comply with all applicable laws and University regulations including the activity authorization process.

- c. Outside security must be provided if deemed necessary by the AVPSL.
  - d. The quantity of alcohol available at an activity is to be based upon the number of people of legal drinking age expected to attend and the duration of the activity.
  - e. Nonalcoholic beverages and food are to be provided whenever alcohol is served. They must be displayed as prominently as the alcohol. They must also be available in appropriate quantities depending upon the number of people in attendance.
  - f. Advertising for events that specify or emphasize the quantity of alcohol to be served is prohibited.
  - g. Consumption of alcohol on trips sanctioned by the University shall be consistent with relevant, local laws. The determining factor of legal aged students drinking on these trips is the choice of the chaperone and still needs approval from the AVPSL.
  - h. No alcoholic beverages may be present at any activity for the purpose of initiation, admission into, affiliation with, or as a condition of continued membership.
  - i. The service of alcoholic beverages is to be a secondary position in respect to programmed activities. Alcoholic beverages are regarded as a social amenity related to educational, cultural and recreational programs, and the sale of such beverages will be confined to this purpose.
5. Student campus organizations sponsoring activities off campus must follow the guidelines established by the Substance Use, Education and Prevention (SUEP) Committee and observe local, state and federal laws.
  6. University departments may host events on or off campus for alumni, University employees or guests that include the serving of alcoholic beverages. Those events must meet University guidelines and be approved by the Vice President with authority over that department. Requests are to be made in writing using the Alcohol Availability Form and submitted to the respective Vice President. All vendors must provide the University with a certificate of insurance. Dining Services is authorized to hold a valid liquor license. The University has contracted with Dining Services to provide food and beverages for all Fayette Campus events in accordance with federal and state laws and the policies and standards established by the University.
  7. “Tailgating” on University property may be permitted during athletic events. Tailgating involves University employees or guests consuming food and/or beverages – which may include alcoholic beverages – in advance of or after an athletic event on University property in area(s) so designated for tailgating by the University. The food and/or beverages are supplied by tailgating individuals and not by the University or any of its contracted vendors. Tailgating is a privilege and events must comply with the University’s policy related to serving and consumption of alcohol in accordance with local, state, and federal law. Illicit drugs will not be tolerated and will violate policy. Tailgating events must be approved in advance by the Vice President for External Affairs, who may approve several or all planned tailgating events in advance each year.
  8. Non-University sponsored events\* are scheduled through the Events Coordinator in Fayette or the Center Director at each center. A written agreement is required between the sponsor and the University. Individuals renting University space on the Fayette Campus must contract with the campus Food Service for any food and beverage needs. All food and beverage agreements are made directly with Dining Services.

\*A non-University sponsored event is any event that is not affiliated with or funded by the University.

9. Alcoholic beverage marketing programs specifically targeted for UIU students and/or held on campus should conform to the Student Handbook’s rules and regulations. Programs



should avoid demeaning sexual or discriminatory portrayal of individuals. Alcoholic beverages, such as kegs or cases of beer, are not to be provided as free rewards to individual students or campus organizations. Off-campus promotional activities that are primarily directed to UIU students regardless of campus location should be developed with the previous knowledge and approval of the AVPSL and the VPFEM or their representatives. Posters, signs or apparel that are purchased in connection with any University group or function cannot reflect or portray alcohol. However, Athletics may provide promotional signage or commercials for alcoholic beverages through paid sponsorships/partnerships.

10. The University will make known its Drug-Free Schools and Communities Act Substance Abuse Policy to students and employees by using such means as student and faculty/employee handbooks, residence hall meetings, faculty and employee meetings, orientation programs and other efforts as deemed appropriate.

### **Specific Drug-Free Schools and Communities Act Responsibilities**

1. Annual distribution to each student and employee of:
  - a. Standards of conduct that prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol; A description of the applicable legal sanctions under local, state, or Federal law;
  - b. A description of the associated health risks;
  - c. A description of available counseling, treatment, or rehabilitation programs; and
  - d. A statement about and description of sanctions that will be imposed for violations.
2. A biennial review by the institution of the institution's program to:
  - a. Determine the program's effectiveness and implement needed changes;
  - b. Determine the number of drug and alcohol-related violations and fatalities that:
    - i. occur on campus or centers premises, or as part of the institution's activities; and
    - ii. are reported to university officials;
  - c. Determine the number and type of sanctions imposed as a result of drug and alcohol-related violations and fatalities on campus or center premises or as part of any University activities; and
  - d. Ensure that required sanctions are consistently enforced.

### **Education Program**

1. The Assistant Athletic Director of Campus Recreation (hereinafter referred to as Director) has developed a system that provides accurate, current information about the health risks and symptoms of alcohol and other drug use for students, faculty, and staff.
2. The Director, working collaboratively with the Director of Counseling, makes efforts to establish collaborative relationships between community groups and agencies and the University for alcohol and drug-related education, treatment and referral.
3. The University promotes the development of a coordinated effort across campus for substance abuse education, treatment and referral through Counseling Services, Human Resources and the Employee Assistance Program.
4. The University supports and promotes drug-free campus activities.

### **Assessment**

1. The Director, in conjunction with the Substance Use Education and Prevention Committee (SUEP), will assess the University environment for any underlying causes that may be related to substance abuse.

2. The Director will survey the University community members about their awareness, attitudes and behaviors regarding substance abuse. The results will be used in program development.
3. Any other data collected by the Director or campus personnel will be used as a guide to program development.

**CUSTODIAN**

Assistant Vice President for Student Life

**RELATED DOCUMENTS, FORMS, AND POLICIES**

None.

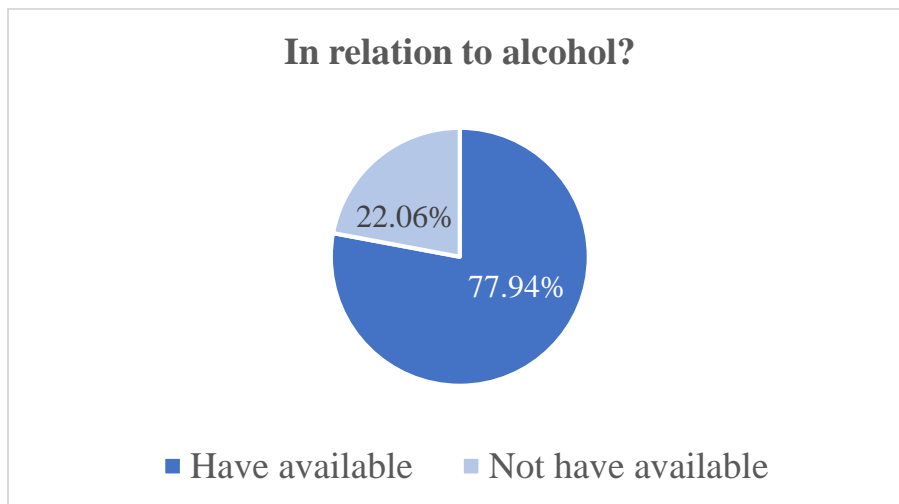
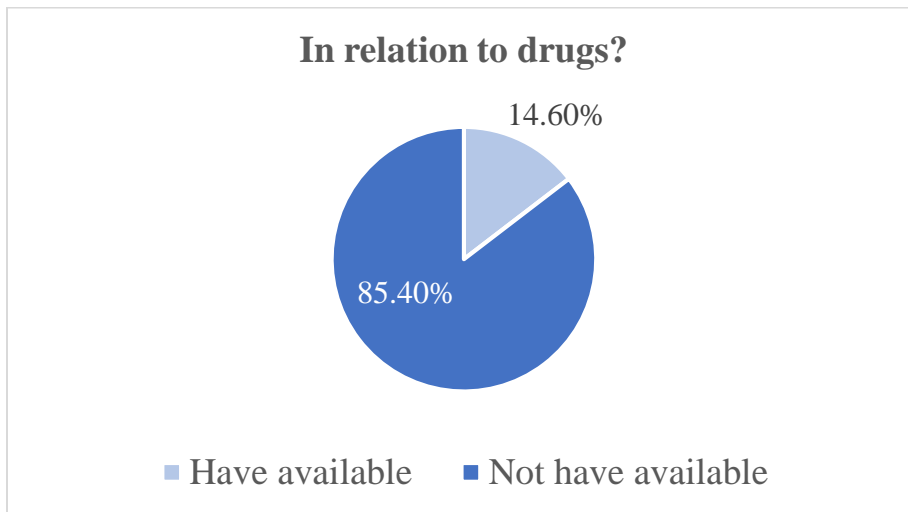
**HISTORY**

<b>New/Revision Number</b>	<b>Date of Action/Approval</b>	<b>Revision Change</b>
SL-703	February 14, 2023	Policy put into new template.
703	March 16, 2022	Revisions approved by President's Council.
703	January 17, 2022	Revisions recommended by University Policy Committee.
703	December 19, 2018	Revisions approved by President's Council.
703	December 17, 2018	Revisions recommended by University Policy Committee.
703	January 5, 2018	Policy approved by President's Council.
703	November 29, 2017	Annual review of policy; recommended by University Policy Committee.
703	November 10, 2016	Annual review of policy; approved by President's Council.
703	February 6, 2015	Policy approved by Board of Trustees.
703	September 1, 2014	Policy created.

#### d. 2023-2024 Alcohol & Drug Survey Results

##### Availability to Alcohol and Drugs

Statement	Have available	Not have available	Overall
In relation to drugs?	20 14.6%	117 85.4%	137 100%
In relation to alcohol?	106 77.94%	30 22.05%	136 100%

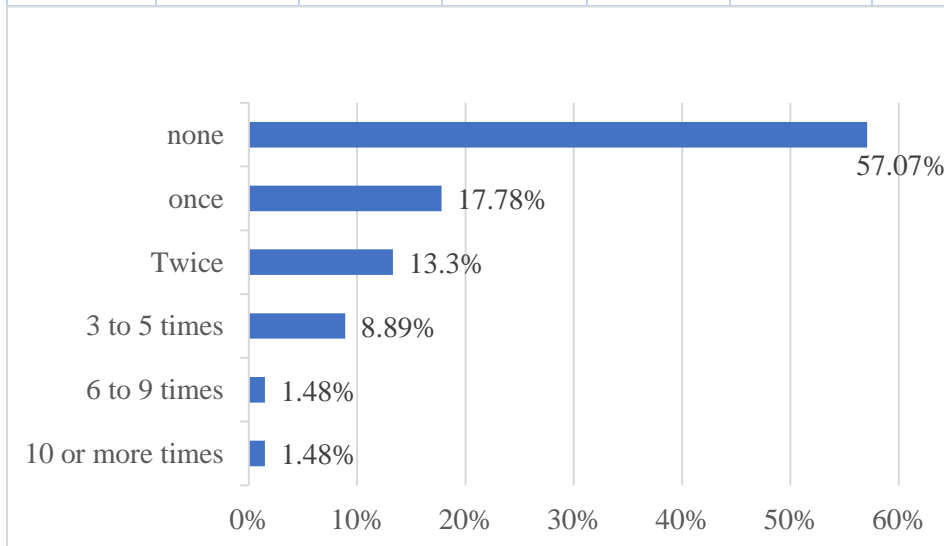


## UIU's position on alcohol and drugs

Statement	Yes	No	Not Sure	Overall
Are you aware if UIU has alcohol and drug policies?	109 80.15%	9 6.62%	18 13.24%	136 100%
If yes to the above question, are policies enforced?	74 53.62%	13 9.42%	51 36.96%	138 100%
Does UIU have a drug and alcohol prevention program?	42 31.11%	10 7.41%	83 61.48%	135 100%
Do you believe UIU is concerned about the prevention of drug and alcohol use?	80 58.82%	23 16.91%	33 24.26%	136 100%
Are you actively involved in efforts to prevent drug and alcohol use problems on campus?	20 14.6%	95 69.34%	22 16.06%	137 100%

**Over the last two weeks, how many times have you had five or more drinks\* in a sitting? \* a drink is considered a bottle of beer, a glass of wine, a wine cooler, a shot glass of liquor, or a mixed drink.**

Answer	None	Once	Twice	3 to 5 times	6 to 9 times	10 or more times	Total
Count	77	24	18	12	2	2	135













**e. Form and Guideline**

*Upper Iowa University - Office of Student Development*

## ALCOHOL AVAILABILITY REQUEST FORM

*Departments wanting to provide alcohol as a part of a university event must submit this request form one month prior to date of event.*

Sponsoring Office \_\_\_\_\_

Sponsor Contact \_\_\_\_\_

Sponsor Phone/Email \_\_\_\_\_

Title of Event \_\_\_\_\_

Date/Time of Event \_\_\_\_\_

Estimated Attendance \_\_\_\_\_

**Persons attending:** *(check all that apply)*

Fayette Campus students

Upper Iowa University employees

Extended University students

University guests

STANDARDS FOR ALCOHOL AT UNIVERSITY EVENTS	
<b>FOR OFFICE USE ONLY</b>	Licensed vendor is selling and serving the alcohol with drink limit established.
	Adequate security is provided if necessary.
	Food and non-alcoholic beverages are available at no cost.
	Entertainment or activity is the main focus of the event.
	Students who are of age are easily identified. Age is verified.
	Entrances and exits are controlled.
	University funds are not used to purchase alcohol unless specifically indicated
	Secluded alcohol area with controlled perimeters.
	Event has been approved by the Director of Student Activities (club/org/Greek events only)

**Please describe how your event meets these standards:**

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*(Use other side or attachment, if necessary)*

\_\_\_\_\_  
Director of Student Activities (club/org/Greek events only)

\_\_\_ Approved    \_\_\_ Not Approved  
Date \_\_\_\_\_

\_\_\_\_\_  
Dean of Student Development

\_\_\_ Approved    \_\_\_ Not Approved  
Date \_\_\_\_\_

\_\_\_\_\_  
Provost

\_\_\_ Approved    \_\_\_ Not Approved  
Date \_\_\_\_\_

\_\_\_\_\_  
President

\_\_\_ Approved    \_\_\_ Not Approved  
Date \_\_\_\_\_



## **MANAGEMENT GUIDELINE FOR THE SALE, DISTRIBUTION, AND CONSUMPTION OF ALCOHOL AT HARMS-EISCHEID STADIUM**

### **BACKGROUND**

Beginning with the 2013 football season, Upper Iowa University (UIU) Athletics, in partnership with ARAMARK, will conduct beer and wine sales to game patrons who are active members of the Peacock Athletic Fund at the north end patio of Harms-Eischeid Stadium. This has been expanded to beer sales from concessions stands.

UIU Athletics is committed to maintaining a positive, safe, and friendly environment for all spectators at Harms-Eischeid Stadium. Maintaining a positive, safe, and friendly environment for all spectators includes responsible management of alcohol consumed and sold in the facility. Responsible management of alcohol includes, but not limited to: employee training, service guidelines, designated-driver program, validation of identification, and communicating fan expectations.

To further its commitment, Aramark has ensured all staff that serves alcohol is TIPS trained. TIPS training is a program designed to teach servers and bartenders to look for signs that people are misusing alcohol. Course completion can help avoid or receive reduced penalties or fines associated with illegal alcohol sales, and covers mitigation strategies to handle alcohol-related situations and maintain a safe work environment.

### **GUIDELINES**

### Physical Area of Distribution and Consumption

- Location of distribution and consumption will be limited to the fenced Harms-Eischeid stadium.
- No individual under the age of 21 will be permitted to purchase alcohol.
- No alcohol beverages will be permitted to leave the stadium.
- No outside alcohol beverages will be permitted to enter the stadium.

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### Access and Entry

- All individuals must be 21 years of age or older.
- All individuals must check-in with a valid picture ID and receive a wristband.
- All individuals, regardless of age, must demonstrate legal age via proper identification. Proper identification includes: a valid state issued driver's license, a valid state-issued identification card, valid U.S. military identification card, and/or valid passport.

### Sale and Distribution

- Only certified bartenders under the direction of ARAMARK will be permitted to serve alcohol.
- Sale of alcohol in the delineated area will begin 30 minutes prior to kick-off, alcohol sales will cease at the end of the third quarter of play, and the areas serving alcohol will close at the conclusion of the game.
- Up to 16oz. containers of beer and other canned drinks, 12oz liquor drinks in suites areas, and 5 oz. containers of wine will be sold.
- Two (2) alcohol purchase limit per transaction to an individual.
- ARAMARK staff members, UIU game management staff, UIU Security, and law enforcement officers reserve the right to refuse sale and consumption of alcohol to individuals who are and/or demonstrating signs of impairment and/or intoxication.

### Enforcement

- The state laws of the State of Iowa will prevail regarding the sale, distribution, and consumption of alcohol.
- ARAMARK staff members, UIU game management staff, UIU Security, and law enforcement officers reserve the right to remove individuals from the delineated area for inappropriate behavior.

### Patron Expectations

- Intoxicated, disorderly, unruly, inappropriate language, aggressive behavior or the like will not be tolerated and are grounds for removal from the area and/or the stadium.

## **f. AOD program goals and objectives 2022-2024**

- A. Reduction of primary consequences related to high risk alcohol use.
  - 1. Reduction of underage drinking and drug offenses
  - 2. Alcohol poisoning
  - 3. Emergency/crisis calls related to alcohol
  
- B. Reduction of secondary consequences related to high-risk substance use:
  - 1. Increase in academic success
  - 2. Reduction of withdraw from school due to substance related issues
  - 3. Disciplinary sanctions imposed
  - 4. Referrals off campus for services or treatment
  - 5. Incidents logged documented
  - 6. Rates of vandalism

### **Summary of Goals and Objectives:**

Regarding goal areas A and B, it was not clear if secondary goals and objectives had been met. Input system for Jenzabar does not reflect accurately the above primary or secondary consequences. Therefore individuals who are giving sanctions or imputing sanctions need to have training regarding the definition of categories in which data is being entered. Training should include, defining and reviewing current input categories, evaluation for need to “add or subtract categories”. Individuals to be included in the training include: hall directors, assistant deans of students, director of counseling, campus safety.

- A. Program evaluation to measure for enforcement consistency, policy effectiveness and program effectiveness.
- B. In informal interviews, students indicated within the marijuana usage was more of an important area to intervene than alcohol.

## **g. Summary of AOD program strengths and weaknesses: program evaluation**

- i. Strengths:
  - Small campus willing to work together to reduce AOD misuse.
  - Strong commitment from residence life/athletics regarding AOD reduction.
  - The university has developed and maintains an AOD prevention policy.
  - The university distributes annually to each student a copy of the AOD policy via the handbook online.
  - The university provided services and activities to promote a strong drug free campus environment.
  
- ii. Weaknesses:
  - In 2022/2021, the SUEP Committee disbanded. This was a result of the pandemic and moving to remote work and classes. During the return to in-person classes there was a loss of transition of people, including the Chair of the SUEP Committee and of information.
  - Lack of educational/prevention program budget

- Lack of capacity to manage prevention efforts
- Lack of resources within the community for alternative activities not related to substance use
- Good faith effort regarding prevention/education but not at the level which reaches all students on campuses
- Lack of consistent documentation in order to have meaningful data regarding offenses, or program outcomes.

#### **h. AOD program goals for 2024-2026**

##### **A. Increase awareness of education programs**

- The university will re-establish the SUEP Committee, a cross-departmental committee, which will include students (athletes and non-athletes) dedicated to meeting the goals and prevention efforts for the university.
- University partners with community prevention efforts via Helping Services.
- Greek life partnerships to provide members and non-members with education and alternative activities.
- Freshman required online alcohol and drug education course.
- Implement XA Score App, a daily monitoring system to help coaches understand where their student-athletes are physically and mentally each day.

##### **C. Reduction of primary consequences related to high risk alcohol use.**

- Reduction of underage drinking and drug offenses
- Alcohol poisoning
- Emergency/crisis calls related to AOD

##### **D. Reduction of secondary consequences related to high-risk substance use:**

- Increase in academic success
- Reduction of withdraw from school due to substance related issues
- Disciplinary sanctions imposed
- Referrals off campus for services or treatment
- Incidents logged documented
- Rates of vandalism