

Program Transfer Guide

Des Moines Area Community College

Associate of Arts (AA) in

PSYCHOLOGY

→ **UIU Bachelor of Sciences (BS) in**

PSYCHOLOGY-General Emphasis

MARCH 2026



UPPER IOWA
UNIVERSITY

EDUCATION BUILT FOR LIFE

Years 1 & 2 at Des Moines Area Community College:

DMACC Program Course Sequence			Course Transfers into UIU as			
Course ID	Course Name	# Cr	Course ID	Course Name	# Cr	Requirement Fulfilled
Semester 1						
ENG 105	Composition I	3	ENG 101	English Composition I	3	PPE ENG 101
PSY 111	Introduction to Psychology	3	PSY 190	General Psychology	3	PPE Soc. Sci & Major
MAT 156	Statistics	3	MATH 220	Elementary Statistics	3	PPE QR & Major
SDV 108 OR SDV 129	The College Experience OR Transition to College	1	FYS 120/122 OR ----	First Year Seminar OR ----	1	PPE FYS 120/122 OR Free Elective
AA Degree Core Humanities		3	----	----	3	PPE Creative Expr.
DMACC Elective		3	----	----	3	Free Elective
Semester 2						
ENG 106	Composition II	3	ENG 102	English Composition II	3	PPE ENG 102
PSY 121	Developmental Psychology	3	EDU 142	Human Growth, Dev. & Guidance	3	PPE Social Science
DMACC Elective		7	----	----	7	Free Elective
BIO 112 OR BIO 164 OR BIO 168 OR BIO 157	General Biology OR Essentials Anatomy/Phys OR Anatomy & Physiology I OR Human Biology	4 OR 5 OR 4 OR 4	BIO 135 OR BIO 268 OR BIO 270 OR BIO 268	Principles of Biology OR Intro to Huma Anat. & Phys OR Human Anatomy & Phys OR Intro to Huma Anat. & Phys	4 OR 5 OR 4 OR 4	PPE Science
Semester 3						
PSY 251	Social Psychology	3	PSY 310	Social Psychology	3	Major
AA Degree Core Humanities		3	----	----	3	PPE Creative Expr.
AA Degree Core Social & Behavioral Science		3	----	<i>See Electives Table</i>	3	*Select PPE Civ/Ethics
AA Degree Core Math/Science		3	----	----	3	PPE Quant. Reasoning/Science
SPC 101 OR SPC 122	Fund. Of Oral Comm. OR Interpersonal Comm	3	COMM 105 OR COMM 200	Public Speaking OR Interpersonal Comm.	3	PPE COMM 105 OR PPE COMM 200
Semester 4						
PHI 101	Introduction to Philosophy	3	PHIL 150	Intro to Philosophy	3	PPE Creative Expr.
AA Degree Core Social & Behavioral Science		3	----	<i>See Electives Table</i>	3	*Select PPE HVCP
AA Degree Distributed		4	----	----	4	Free Elective
DMACC Electives		6	----	----	6	Free Elective
Total occupational course credits earned:		64-65	Total course credits accepted:		64-65	
Total transferable credits#:		64-65				

*UIU recommendations are **bolded**.*

Years 3 & 4 at Upper Iowa University:

UIU Program Course List		# Cr	Requirement Fulfilled	Transferred In
Peacock Professional Experience (PPE) Courses				
FYS 120 OR FYS 122	First Year Seminar (Fayette) First Year Seminar (Online/Self-Paced)	3	Students who transfer to UIU with a completed Associate of Arts or Associate of Science degree with a liberal arts core from Des Moines Area Community College, will be considered to have fulfilled all lower-division Upper Iowa University general education requirements. Lower division transfer work will not contribute to the upper-division credit requirement at UIU.	
ENG 101	English Composition I	3		
ENG 102	English Composition II	3		
COMM 105 OR COMM 200	Public Speaking Interpersonal Communication	3		
	any Human Values & Cultural Perspectives	3		
	any Quantitative Reasoning	3		
	any Science	3		
	any Social Science	3		
	any Civics, Ethics & Citizenship	3		
	any Creative Expression	3		
Additional Peacock Professional Experience (Gen Ed) Electives (if needed)				
<i>All students must complete at least 30 hours of general education (Peacock Professional Experience) coursework. If the student has had specific general education requirements waived above, you must meet the 30-hour minimum using any general education course(s) not already applied in the Peacock Professional Experience section.</i>				
PPE 100	Peacock Professional Experience Elective	3	PPE Electives	PSY 121
PPE 100	Peacock Professional Experience Elective	3	PPE Electives	PHI 101
Prerequisites				
MATH 101 OR MATH 105 OR MATH 107	Math for Liberal Arts OR College Mathematics w/ Applications OR College Algebra	3	PPE QR & Prereq. for MATH 220	Met by MAT 156
Major Courses				
PSY 190	General Psychology	3	Core/PPE SSCI	PSY 111
PSY 373	Research Methods	3	Core	---
MATH 220	Elementary Statistics	3	Core/PPE QR	MAT 156
Learning and Cognition (<i>choose one</i>):		3	Core	---
PSY 323	Cognition			
PSY 445	Learning and Memory			
Developmental Changes in Behavior (<i>choose two</i>):		6	Core	---
PSY 212	Dev Psy: Birth to Adolescence		HSV 397 Social Gerontology	
PSY 222	Dev Psy: Young Adult to Late Adult			
PSY 321 Death and Dying				
Individual Differences (<i>choose two</i>):		6-3	Emphasis	PSY 251
PSY 310	Social Psychology			
PSY 332	Personality			
PSY 360	Abnormal Psychology			
Biological Bases and Behavior (<i>choose one</i>):		3	Emphasis	---
PSY 335	Biological Psychology			
PSY 338	Motivation			
Capstone Experiences (<i>choose one</i>):		3	Emphasis	---
PSY 403	Internship			
PSY 498	Senior Project			

Courses to be taken at Upper Iowa University

PSY 499 Special Project			
Electives in Psychology or Human Services (<i>*must be upper-division</i>)	9	Emphasis	---
Additional Electives			
Electives	25-26	Degree Requirements	---
Total additional credits needed at UIU to complete degree:	55-56		
Total transferable credits from DMACC:	64-65		
Total Earned Credits:	120		

~~ NOTES ~~

LEGEND:

- #Transfer grades lower than a C- will not be accepted.
- **Bolded** text indicates UIU recommendations.
- *Grayed out text* indicates courses fulfilled through transfer. Strikethrough indicates specific course if within grouping.

Students who transfer to UIU with a completed Associate of Arts (AA) or Associate of Science (AS) degree in liberal arts from Des Moines Area Community College, will be considered to have fulfilled all lower-division Upper Iowa University PPE requirements. However, all students must complete at least 30 hours of general education (Peacock Professional Experience) coursework. If the student has had specific general education requirements waived above, you must meet the 30-hour minimum using any general education course(s) not already applied in the Peacock Professional Experience section.

A minimum of 120 semester credits is required for a baccalaureate degree; up to 78 lower-division college semester credits from Des Moines Area Community College. A minimum of 30 credits must be upper-division credits for a UIU baccalaureate degree; lower-division transfer work from Des Moines Area Community College does not contribute to the upper-division credit requirement at UIU.

This program transfer guide is based on the December 2025 course-to-course articulation (UIU 2025-26 catalog & DMACC 2025-26 catalog).

Every effort has been made to ensure the accuracy and completeness of this program articulation. The office of the Registrar of Upper Iowa University reserves the right to make corrections, additions, and deletions as necessary.

Recommended Gen Ed Electives Transfer Table

DMACC ELECTIVES			Transfers as UIU Course			
Course Id	Course Name	# Cr	Course Id	Course Name	# Cr	Requirement Fulfilled
AA Degree Core Social/Behavioral Sciences (to meet UIU PPE Civ/Ethics)						
ECN 130	Microeconomics	3	ECON 160	Principles of Microeconomics	3	PPE Civ/Ethics
POL 111	American National Government	3	PS 100	US Government	3	PPE Civ/Ethics
POL 112	Amer. State & Local Government	3	PS 230	State & Local Government	3	PPE Civ/Ethics
POL 121	International Relations	3	PS 211	International Relations	3	PPE Civ/Ethics
AA Degree Core Social/Behavioral Sciences (to meet UIU PPE HVCP)						
ANT 105	Cultural Anthropology	3	ANTH 110	Intro. To Cultural Anthropology	3	PPE HVCP
COM 146	Gender, Sexuality & Media	3	HVCP 150	Hum. Values/Ctr'l Persp. Gen Ed	3	PPE HVCP
COM 148	Diversity & the Media	3	HVCP 150	Hum. Values/Ctr'l Persp. Gen Ed	3	PPE HVCP
HIS 257	African-American History	3	HIST 330	African American History	3	PPE HVCP

Maximize Your Transfer to UIU

Take up to 13-14 credits to fulfill Elective Requirements.

Choose up to 13-14 additional credits at Des Moines Area Community College to transfer into Upper Iowa University to fulfill Elective requirements. Talk with your advisors to ensure additional courses will fit with your degree plan and financial aid requirements.

Choose up to 13-14 credits from the following areas:

- Elective Requirements – up to 13-14 credits