

Program Transfer Guide
Des Moines Area Community College
Associate in Applied Science (AAS) in
HUMAN SERVICES
→ UIU Bachelor of Sciences (BS) in
HUMAN SERVICES
MARCH 2026



Years 1 & 2 at Des Moines Area Community College:

| DMACC Program Course Sequence | | | Course Transfers into UIU as | | | |
|---|-------------------------------------|----------|--------------------------------|--------------------------------------|----------|-------------------------------------|
| Course ID | Course Name | # Cr | Course Id | Course Name | # Cr | Requirement Fulfilled |
| Semester 1 | | | | | | |
| SDV 108 | The College Experience | 1 | FYS 120/122 | First Year Seminar | 1 | PPE FYS 120/122 |
| HSV 109 | Intro to Human Services | 3 | HSV 221 | Intro to Human Services | 3 | Major |
| HSV 130 | Interviewing/Interper Relation | 3 | ---- | ---- | 3 | Free Elective |
| ENG 105 | Composition I | 3 | ENG 101 | English Composition I | 3 | PPE ENG 101 |
| PSY 111 | Introduction to Psychology | 3 | PSY 190 | General Psychology | 3 | PPE Soc Sci & Major |
| AAS Degree Core Math or Science (MAT 110) | | 3 | MATH 101 | See Electives Table | 3 | PPE Quant. Reason. |
| Semester 2 | | | | | | |
| PSY 121 | Developmental Psychology | 3 | EDU 142 | Human Growth, Development & Guidance | 3 | PPE Soc. Science |
| HSV 185 | Discrimination & Diversity | 3 | SOC 240 | Diversity in the US | 3 | PPE HVCP & Major |
| AAS Degree Core Math or Science (ENV 115) | | 3 | ES 161 | Intro to Environmental Sci. | 3 | PPE Science |
| ENG 106 | Composition II | 3 | ENG 102 | English Composition II | 3 | PPE ENG 102 |
| OR | OR | OR | OR | OR | OR | OR |
| ENG 108 | Comp II: Technical Writing | 3 | ---- | ---- | 3 | Free Elective |
| SPC 101 | Fund of Oral Communication | 3 | COMM 105 | Public Speaking | 3 | PPE COMM 105 |
| OR | OR | OR | OR | OR | OR | OR |
| SPC 122 | Interpersonal Communication | 3 | COMM 200 | Interpersonal Comm | 3 | PPE COMM 200 |
| Semester 3 | | | | | | |
| HSV 220 | Intro to Counseling Theories | 3 | ---- | ---- | 3 | Free Elective |
| PSY 241 | Abnormal Psychology | 3 | PSY 360 | Abnormal Psychology | 3 | Free Elective |
| AAS Degree Core Social and Behavior Science/Humanities (SOC 110) | | 3 | SOC 110 | Principles of Sociology | 3 | PPE Soc. Science & Major |
| Semester 4 | | | | | | |
| HSV 286 | Intervention Theories/Prac I | 3 | ---- | ---- | 3 | Free Elective |
| HSV 255 | Addictive Disease Concepts | 3 | PSY 302 | Substance Abuse | 3 | Major |
| Option 3 – Select 3 courses | | | <i>See Elective Table</i> | | | |
| ECN 130 | Principles of Microeconomics | 3 | ECON 160 | Principles of Microecon. | 3 | PPE Civ & Ethics |
| SOC 120 | Marriage and Family | 3 | HSV 361 | Marriage and the Family | 3 | Major |
| ART 101 | Art Appreciation | 3 | ART 100 | Introduction to Art | 3 | PPE Creative Expr. |
| OR | OR | OR | OR | OR | | |
| ART 184 | Principles of Photography | 3 | CREX150 | Creative Expression | | |
| OR | OR | OR | OR | OR | | |
| ART 186 | Principles of Digital Photo. | 3 | GRAF 218 | Digital Photography | | |
| Semester 5 | | | | | | |
| HSV 803 | Seminar | 1 | ---- | ---- | 1 | Free Elective |
| HSV 804 | Internship | 2 | ---- | ---- | 2 | Free Elective |
| AAS Degree Core Social and Behavior Sci. | | 3 | ---- | ---- | 3 | PPE Soc. Science |
| SOC 115 | Social Problems | 3 | SOC 220 | Social Problems | 3 | PPE Soc. Sci. & Major |
| OR | OR | OR | OR | OR | | OR |
| CRJ 200 | Criminology | 3 | CJ 333 | Criminology | | Free Elective |
| Total occupational course credits earned: | | 64 | Total course credits accepted: | | 64 | |
| Total transferable credits#: | | 64 | | | | |

UIU recommendations are **bolded**.

Years 3 & 4 at Upper Iowa University:

| UIU Program Course List | | # Cr | Requirement Fulfilled | Transferred In |
|---|--|------------|---|--------------------------------|
| Peacock Professional Experience (PPE) Courses | | | | |
| FYS 120 OR FYS 122 | First Year Seminar (Fayette) First Year Seminar (Online/Self-Paced) | 1 | Success in Higher Education | SVD 108 |
| ENG 101 | English Composition I | 3 | PPE Prof Comm/Wrtn (PW) | ENG 105 |
| ENG 102 | English Composition II | 3 | PPE Prof Comm/Wrtn (PW) | ENG 106 |
| COMM 105 OR COMM 200 | Public Speaking Interpersonal Communication | 3 | PPE Prof Comm/Oral (PC) | SPC 101 OR SPC 122 |
| | any Human Values & Cultural Perspectives | 3 | PPE Human Values & Cultural Persp. (HVCP) | SOC 240 in major |
| | any Quantitative Reasoning | 3 | PPE Quantitative Reasoning (QR) | MAT 110 |
| | any Science | 3 | PPE Science (SCI) | ENV 115 |
| | any Social Science | 3 | PPE Social Science (SSCI) | SOC 110 in major |
| | any Civics, Ethics & Citizenship | 3 | PPE Civics, Ethics & Citizenship (CIV) | ECN 130 |
| | any Creative Expression | 3 | PPE Creative Expression (CREX) | ART 101, ART 184 or ART 186 |
| Additional Peacock Professional Experience (Gen Ed) Electives (if needed) | | | | |
| <i>All students must complete at least 30 hours of general education (Peacock Professional Experience) coursework. If the student has had specific general education requirements waived above, you must meet the 30-hour minimum using any general education course(s) not already applied in the Peacock Professional Experience section.</i> | | | | |
| PPE 100 | Peacock Professional Experience Elective | 2 | PPE Electives | PSY 111 |
| Major Courses | | | | |
| SOC 110 | Principles of Sociology | 3 | Major/PPE SSCI | SOC 110 |
| PSY 190 | General Psychology | 3 | Major/PPE SSCI | PSY 111 |
| HSV 221 | Introduction to Human Services | 3 | Major | HSV 109 |
| SOC 220 | Social Problems | 3 | Major | SOC 115 |
| SOC 240 | Diversity in the United States | 3 | Major/PPE DEI | HSV 185 |
| PSY 302 | Substance Abuse | 3 | Major | HSV 255 |
| HSV 361 | Marriage and Family | 3 | Major | SOC 120 |
| HSV 375 | Methods in Human Services I | 3 | Major | --- |
| HSV 384 | Social Welfare Programs and Policies | 3 | Major | --- |
| HSV 454 | Issues & Ethics in the Helping Prof | 3 | Major | --- |
| <i>Two upper-Division Electives from any Human Services, Psychology or Sociology courses.</i> | | 6 | Major | --- |
| <i>One of the following:</i> | | 3 | Major | --- |
| HSV 403 Internship | | | | |
| HSV 498 Senior Project | | | | |
| HSV 499 Research Project | | | | |
| Additional Elective | | | | |
| Upper-Division Elective | | 12 | Degree Requirements | --- |
| Elective | | 26 | Degree Requirements | --- |
| Total additional credits needed at UIU to complete degree: | | 56 | | |
| Total transferable credits from DMACC: | | 64 | | |
| Total Earned Credits: | | 120 | | |

Courses to be taken at Upper Iowa University

~~ NOTES ~~

LEGEND:

- # Transfer grades lower than a C- will not be accepted.
- **Bolded** text indicates UIU recommendations.
- *Grayed out text* indicates courses fulfilled through transfer. Strikethrough indicates specific course if within grouping.

A minimum of 120 semester credits is required for a baccalaureate degree; up to 78 lower-division college semester credits from Des Moines Area Community College. A minimum of 30 credits must be upper-division credits for a UIU baccalaureate degree; lower-division transfer work from Des Moines Area Community College does not contribute to the upper-division credit requirement at UIU.

This program transfer guide is based on the December 2025 course-to-course articulation (UIU 2025-26 catalog & DMACC 2025-26 catalog).

Every effort has been made to ensure the accuracy and completeness of this program articulation. The office of the Registrar of Upper Iowa University reserves the right to make corrections, additions, and deletions as necessary.

Recommended AAS Degree Core Elective Transfer Table

| DMACC ELECTIVES | | | Transfers as UIU Course | | | |
|---|--|---------------|-------------------------|--|----------|----------------------------|
| Course Id | Course Name | # Cr | Course Id | Course Name | # Cr | Requirement Fulfilled |
| AAS Degree Core Math or Sciences | | | | | | |
| ANT 202 | Human Origins | 3 | SSCI 150 | Social Science Gen Ed | 3 | PPE Social Science |
| BIO 104 | Introductory Biology w/lab | 3 | BIO 100 | General Biological Science | 3 | PPE Science |
| BIO 112 | General Biology I | 4 | BIO 135 | Principles of Biology I | 4 | PPE Science |
| BIO 157 | Human Biology | 4 | BIO 268 | Introduction to Human Anatomy and Physiology | 4 | PPE Science |
| BIO 164 | Essentials Anatomy/Physiology | 5 | BIO 268 | Introduction to Human Anatomy and Physiology | 5 | PPE Science |
| BIO 168 | Anatomy & Physiology I | 4 | BIO 270 | Human Anat and Physiology I | 4 | PPE Science |
| BIO 732 | Health Science Microbiology | 4 | SCI 150 | Science Gen Ed | 4 | PPE Science |
| BIO 733 AND BIO 734 | Health Science Anatomy AND Health Science Physiology | 3 AND 3 | BIO 268 | Introduction to Human Anatomy and Physiology | 4 | PPE Science |
| CHM 105 | Survey of Chemistry | 3 | CHEM 140 | Chemistry for Everyday Life | 3 | PPE Science |
| CHM 122 | Intro to General Chemistry | 4 | SCI 150 | Science Gen Ed | 4 | PPE Science |
| CHM 132 | Intro to Organic/Biochemistry | 4 | SCI 150 | Science Gen Ed | 4 | PPE Science |
| ENV 115 | Environmental Science | 3 | ES 161 | Intro to Environ. Science | 3 | PPE Science |
| MAT 110 | Math for Liberals Arts | 3 | MATH 101 | Math for Liberal Arts | 3 | PPE Quant Reasoning |
| MAT 114 AND MAT 116 | Elementary Educators Math I AND Elementary Educators Math II | 3 AND 3 | MATH 101 | Math for Liberal Arts | 3 | PPE Quant Reasoning |
| MAT 121 | College Algebra | 4 | MATH 107 | College Algebra | 4 | PPE Quant Reasoning |
| MAT 129 | Precalculus | 5 | MATH 107 | College Algebra | 5 | PPE Quant Reasoning |
| MAT 130 | Trigonometry | 3 | MATH 115 | Trig. and Analytic Geometry | 3 | PPE Quant Reasoning |
| MAT 141 | Finite Math | 4 | QR 150 | Quant. Reasoning Gen Ed | 4 | PPE Quant Reasoning |
| MAT 156 | Statistics | 4 | MATH 220 | Elementary Statistics | 4 | PPE Quant Reasoning |

| | | | | | | |
|---|--|----------|-----------------|-----------------------------------|----------|---------------------------------|
| MAT 162 | Prin of Business Statistics | 4 | BA 256 | Quant Analysis for Business I | 4 | PPE Quant Reasoning |
| MAT 164 | Calculus for Busn/Social Sci | 4 | QR 150 | Quant. Reasoning Gen Ed | 4 | PPE Quant Reasoning |
| PHS 166 | Meteorology, Weather & Climate | 4 | SCI 150 | Science Gen Ed | 4 | PPE Science |
| PHY 710 | Technical Physics | 3 | SCI 150 | Science Gen Ed | 3 | PPE Science |
| Option 3: Semester 4 -Social & Behavioral Science/Humanities Electives | | | | | | |
| ANT 105 | Cultural Anthropology | 3 | ANTH 110 | Intro. to Cultural Anthropology | 3 | PPE HVCP |
| ART 101 | Art Appreciation | 3 | ART 100 | Introduction to Art | 3 | PPE Creative Expr. |
| ART 184 | Principles of Photography | 3 | CREX 150 | Creative Expr. Gen Ed | 3 | PPE Creative Expr. |
| ART 186 | Principles of Digital Photography | 3 | GRAF 218 | Digital Photography | 3 | PPE Creative Expr. |
| COM 146 | Gender, Sexuality & Media | 3 | HVCP 150 | Hum. Values/Ctrtl Persp. Gen Ed | 3 | PPE HVCP |
| COMM 148 | Diversity and the Media | 3 | HVCP 150 | Hum. Values/Ctrtl Persp. Gen Ed | 3 | PPE HVCP |
| ECN 130 | Principles of Microeconomics | 3 | ECON 160 | Principles of Microeconom. | 3 | PPE Civ & Ethics |
| HUM 116 | Encounters in Humanities | 3 | CREX 150 | Creative Expression Gen Ed | 3 | PPE Creative Expr. |
| LIT 101 | Intro to Literature | 3 | ENG 125 | Introduction to Literature | 3 | PPE Creative Expr. |
| LIT 111 | American Lit Since Mid 1800's | 3 | ENG 210 | American Literature II | 3 | PPE Creative Expr. |
| LIT 150 | World Literature I | 3 | CREX 150 | Creative Expression Gen Ed | 3 | PPE Creative Expr. |
| LIT 166 | Science Fiction | 3 | CREX 150 | Creative Expression Gen Ed | 3 | PPE Creative Expr. |
| LIT 185 | Contemporary Literature | 3 | CREX 150 | Creative Expression Gen Ed | 3 | PPE Creative Expr. |
| LIT 188 | Detective Fiction | 3 | CREX 150 | Creative Expression Gen Ed | 3 | PPE Creative Expr. |
| LIT 193 | Humor in Literature | 3 | CREX 150 | Creative Expression Gen Ed | 3 | PPE Creative Expr. |
| LIT 209 | Literature Film Adaptation | 3 | CREX 150 | Creative Expression Gen Ed | 3 | PPE Creative Expr. |
| MUS 100 | Music Appreciation | 3 | MUS 100 | Introduction to Music | 3 | PPE Creative Expr. |
| MUS 202 | World Music | 3 | CREX 150 | Creative Expression Gen Ed | 3 | PPE Creative Expr. |
| PHI 101 | Introduction to Philosophy | 3 | PHIL 150 | Introduction to Philosophy | 3 | PPE Creative Expr. |
| POL 111 | American National Government | 3 | PS 100 | U.S. Government | 3 | PPE Civ & Ethics |
| POL 112 | Amer State & Local Government | 3 | PS 230 | State and Local Government | 3 | PPE Civ & Ethics |
| POL 121 | International Relations | 3 | PS 211 | International Relations | 3 | PPE Civ & Ethics |
| POL 125 | Comparative Gov't & Politics | 3 | PS 212 | Comparative Politics | 3 | PPE Civ & Ethics |
| SOC 110 | Introduction to Sociology | 3 | SOC 110 | Principles of Sociology | 3 | PPE Soc. Sci & Major |
| SOC 120 | Marriage and Family | 3 | HSV 361 | Marriage and the Family | 3 | Major |
| SOC 200 | Minority Group Relations | 3 | SOC 240 | Diversity in the U.S. | 3 | PPE HVCP & Major |

Maximize Your Transfer to UIU

Take up to 14 credits to fulfill Elective requirements.

Choose up to 14 additional credits at Des Moines Area Community College to transfer into Upper Iowa University to fulfill Elective requirements. Talk with your advisors to ensure additional courses will fit with your degree plan and financial aid requirements.

Choose up to 14 credits from the following areas:

- Elective Requirements – up to 14 credits