

**Program Transfer Guide**  
**Des Moines Area Community College**  
**Associate of Arts (AA) in**  
**HUMAN & FAMILY SERVICES TRANSFER MAJOR**  
**→ UIU Bachelor of Sciences (BS) in**  
**HUMAN SERVICES**  
**MARCH 2026**



**Years 1 & 2 at Des Moines Area Community College:**

DMACC Program Course Sequence			Course Transfers into UIU as			
Course ID	Course Name	# Cr	Course Id	Course Name	# Cr	Requirement Fulfilled
<b>Semester 1</b>						
ENG 105	Composition I	3	ENG 101	English Composition I	3	PPE ENG 101
HSV 109	Intro to Human Services	3	HSV 221	Intro to Human Services	3	Major
MAT 156	Statistics	3	MATH 220	Elementary Statistics	3	PPE Quant. Reason.
PSY 111	Introduction to Psychology	3	PSY 190	General Psychology	3	PPE Soc. Sci & Major
SOC 110	Introduction to Sociology	3	SOC 110	Principles of Sociology	3	PPE Soc. Sci & Major
SDV 108 OR SDV 129	The College Experience OR Transition to College	1	FYS 120/122 OR ----	First Year Seminar OR ----	1	PPE FYS 120/122 OR Free Elective
<b>Semester 2</b>						
ENG 106	Composition II	3	ENG 102	English Composition II	3	PPE ENG 102
HSV 130	Interviewing/Interper Relation	3	----	----	3	Free Elective
PSY 121	Developmental Psychology	3	EDU 142	Human Growth, Dev/Guidance	3	PPE Social Science
AA Degree Science with Lab		3	----	<i>See Electives Table</i>	3	<b>*Select PPE Science</b>
AA Degree Core Humanities		3	----	<i>See Electives Table</i>	3	<b>*Select PPE Creative Expression</b>
<b>Semester 3</b>						
PSY 261	Human Sexuality	3	PSY 270	Human Sexuality	3	PPE Social Science
HSV 286	Intervention Theories/Prac I	3	----	----	3	Free Elective
AA Degree Core Humanities		3	----	----	3	PPE Creative Expr.
AA Degree Core Math or Science		3	----	----	3	PPE QR or PPE Science
Elective Course		3	----	----	3	Free Elective
SPC 101 OR SPC 122	Fundamentals of Oral Comm OR Interpersonal Communication	3 OR 3	COMM 105 OR COMM 200	Public Speaking OR Interpersonal Comm.	3	PPE COMM 105 OR PPE COMM 200
<b>Semester 4</b>						
HSV 803	Seminar	1	---	---	1	Free Elective
HSV 804	Internship	2	---	---	2	Free Elective
SOC 120	Marriage & Family	3	HSV 361	Marriage and the Family	3	Major
AA Degree Core in Social Behavior Science (other than PSY or SOC)		3	---	---	3	PPE Social Science
AA Degree Core Humanities		3	---	---	3	PPE Creative Expr.
Elective Course		3	---	---	3	Free Elective
Total occupational course credits earned:		64	Total course credits accepted:		64	
Total transferable credits#:		64				

UIU recommendations are **bolded**.

**Years 3 & 4 at Upper Iowa University:**

UIU Program Course List		# Cr	Requirement Fulfilled	Transferred In
<b>Peacock Professional Experience (PPE) Courses</b>				
FYS 120 OR FYS 122	First Year Seminar (Fayette) First Year Seminar (Online/Self-Paced)	3	Students who transfer to UIU with a completed Associate of Arts or Associate of Science degree with a liberal arts core from Des Moines Area Community College, will be considered to have fulfilled all lower-division Upper Iowa University general education requirements.	
ENG 101	English Composition I	3		
ENG 102	English Composition II	3		
COMM 105 OR COMM 200	Public Speaking Interpersonal Communication	3		
	any Human Values & Cultural Perspectives	3		
	any Quantitative Reasoning	3		
	any Science	3		
	any Social Science	3		
	any Civics, Ethics & Citizenship	3		
	any Creative Expression	3		
<b>Additional Peacock Professional Experience (Gen Ed) Electives (if needed)</b>				
<i>All students must complete at least 30 hours of general education (Peacock Professional Experience) coursework. If the student has had specific general education requirements waived above, you must meet the 30-hour minimum using any general education course(s) not already applied in the Peacock Professional Experience section.</i>				
PPE 100	Peacock Professional Experience Elective	3	PPE Electives	SOC 110
PPE 100	Peacock Professional Experience Elective	3	PPE Electives	PSY 261
<b>Major Courses</b>				
SOC 110	Principles of Sociology	3	Major/PPE SSCI	SOC 110
PSY 190	General Psychology	3	Major/PPE SSCI	PSY 111
HSV 221	Introduction to Human Services	3	Major	HSV 109
SOC 220	Social Problems	3	Major	---
SOC 240	Diversity in the United States	3	Major/PPE HCVP	---
PSY 302	Substance Abuse	3	Major	---
HSV 361	Marriage and Family	3	Major	SOC 120
HSV 375	Methods in Human Services I	3	Major	---
HSV 384	Social Welfare Programs and Policies	3	Major	---
HSV 454	Issues & Ethics in the Helping Prof	3	Major	---
<i>Two upper-Division Electives from any Human Services, Psychology or Sociology courses.</i>		6	Major	---
<i>One of the following:</i>		3	Major	---
HSV 403 Internship				
HSV 498 Senior Project				
HSV 499 Research Project				
<b>Additional Elective</b>				
Upper-Division Elective		9	Degree Requirements	---
Elective		20	Degree Requirements	---
Total additional credits needed at UIU to complete degree:		56		
Total transferable credits from DMACC:		64		
<b>Total Earned Credits:</b>		<b>120</b>		

Courses to be taken at Upper Iowa University

## ~~ NOTES ~~

**LEGEND:**

- # Transfer grades lower than a C- will not be accepted.
- **Bolded** text indicates UIU recommendations.
- *Grayed out text* indicates courses fulfilled through transfer. Strikethrough indicates specific course if within grouping.

Students who transfer to UIU with a completed Associate of Arts (AA) or Associate of Science (AS) degree in liberal arts from Des Moines Area Community College, will be considered to have fulfilled all lower-division Upper Iowa University general education requirements. However, all students must complete at least 30 hours of general education (Peacock Professional Experience) coursework. If the student has had specific general education requirements waived above, you must meet the 30-hour minimum using any general education course(s) not already applied in the Peacock Professional Experience section.

A minimum of 120 semester credits is required for a baccalaureate degree; up to 78 lower-division college semester credits from Des Moines Area Community College. A minimum of 30 credits must be upper-division credits for a UIU baccalaureate degree; lower-division transfer work from Des Moines Area Community College does not contribute to the upper-division credit requirement at UIU.

*This program transfer guide is based on the December 2025 course-to-course articulation (UIU 2025-26 catalog & DMACC 2025-26 catalog).*

Every effort has been made to ensure the accuracy and completeness of this program articulation. The office of the Registrar of Upper Iowa University reserves the right to make corrections, additions, and deletions as necessary.

### *Recommended AA Degree Core Elective Transfer Table*

DMACC ELECTIVES			Transfers as UIU Course			
Course Id	Course Name	# Cr	Course Id	Course Name	# Cr	Requirement Fulfilled
<b>AA Degree Science with Lab</b>						
BIO 104	Introductory Biology w/ Lab	3	BIO 100	General Biological Science	3	PPE Science
CHM 105	Survey of Chemistry	3	CHEM 140	Chemistry for Everyday Life	3	PPE Science
ENV 115	Environmental Science	3	ES 161	Intro to Environmental Sci	3	PPE Science
<b>AA Degree Core Humanities</b>						
ART 101	Art Appreciation	3	ART 100	Introduction to Art	3	PPE Creative Expr.
HUM 116	Encounters in Humanities	3	CREX 150	Creative Expression Gen Ed	3	PPE Creative Expr.
HUM 120	Introduction to Film	3	COMM 290	The Movies	3	PPE Creative Expr.
LIT 101	Intro to Literature	3	ENG 125	Introduction to Literature	3	PPE Creative Expr.

## Maximize Your Transfer to UIU

*Take up to 14 credits to fulfill Major and Elective requirements.*

Choose up to 14 additional credits at Des Moines Area Community College to transfer into Upper Iowa University to fulfill Major and Elective requirements. Talk with your advisors to ensure additional courses will fit with your degree plan and financial aid requirements.

**Choose up to 14 credits from the following areas:**

- Major Requirements – up to 6 credits (SOC 220 & SOC 240)
- Elective Requirements – up to 14 credits