



CURRICULUM DEGREE REQUIREMENTS	Credit Hours Required	ACE RECOMMENDED CREDIT	E-3	E-4	E-5	E-6	E-7	E-8	E-9
<b>At least one of the following:</b>	3								
PSY 142 Human Growth, Development and Guidance									
PSY 201 Adjustment									
PSY 212 Developmental Psychology: Birth to Adolescence									
PSY 222 Developmental Psychology: Young Adulthood to Late Adulthood									
PSY/SOC 383 Human Behavior in the Social Environment									
PSY 335 Biology and Behavior									
PSY/SOC 397 Social Gerontology									
PSY 432 Personality									
<b>At least one of the following:</b>	3								
SOC 220 Social Problems									
PSY/SOC 232 Group Dynamics									
PSY/SOC 260 Gender Roles									
PSY/SOC 310 Social Psychology									
SOC 361 Marriage and the Family									
SOC 363 Social Stratification									
SOC 384 Social Welfare Programs and Policies									
PSY 454 Issues and Ethics in the Helping Professions									
<b>At least one of the following:</b>	3								
ANTH 110 Introduction to Cultural Anthropology									
SOC 240 Diverse Cultures									
Other cultures course									
ID 498 Senior Project – ID 301 Critical Thinking prereq class for ID 498 Senior Project	3								
Social Science Electives	21								
<b>Free Electives</b>	<b>45</b>		6	9	12	18	24	28	31
<b>TOTAL REQUIRED HOURS</b>	<b>120</b>	<b>TOTAL APPLIED HOURS</b>	<b>6</b>	<b>9</b>	<b>12</b>	<b>18</b>	<b>24</b>	<b>28</b>	<b>31</b>

### WHAT YOU MUST DO TO FINISH OUR DEGREE!

Contact your local Navy College Office, <https://www.navycollege.navy.mil> or Upper Iowa University for Education Counseling.

UIU has a wide variety of educational opportunities tailored to fit the dynamic lifestyle of today's military personnel and their families.

From traditional classroom settings on military installations to online delivery or self-paced, guided independent study, UIU has a program and delivery method to fit your needs and goals. The Online delivery method is an accelerated eight-week class period allowing for the student to complete courses where she/he

has dependable internet connectivity. The independent study option is a paper/email based program that is specifically designed to make learning as flexible as possible. Internet connectivity is helpful, however, not required for this program.

Our **portable** learning programs go with you – from home, to the base, to sea or on deployment – no matter where you are. **Flexible** course and assignment completion schedules work with your military commitments. And UIU programs are **accessible**, no matter where you are.

Whether you're on the base or on the move, UIU is there – working with you to help you advance toward your goals while you serve your country.

Students may complete lower division general education and free elective credits through CLEP, DSST, Excelsior College, and or ACT-PEP examinations. Credit from accredited colleges and universities will be applied as long as the unique graduation requirements listed above are met.

Tuition and Fees: Upper Iowa University offers discounts to all members of the total military family who are ID cardholders. For current tuition rates go to [www.uiu.edu/navy/tuition.html](http://www.uiu.edu/navy/tuition.html)

For more specific information, go to [www.uiu.edu/navy](http://www.uiu.edu/navy)

**Effective Date: July 1, 2016**