



CURRICULUM DEGREE REQUIREMENTS	Credit Hours Required	ACE RECOMMENDED CREDIT	E-3	E-4	E-5	E-6	E-7	E-8	E-9
<b>Capstone Experience: Select one of the following courses with help from Academic Advisor</b>	3								
HIST 496 Senior Thesis									
PS 499 Special Project									
PSY 499 Senior Project									
SOC 418 Applied Res Methods									
<b>Free Electives</b>	<b>42</b>		10	14	17	30	33	36	42
<b>TOTAL REQUIRED HOURS</b>	<b>120</b>	<b>TOTAL APPLIED HOURS</b>	<b>10</b>	<b>14</b>	<b>20</b>	<b>33</b>	<b>41</b>	<b>47</b>	<b>57</b>

### WHAT YOU MUST DO TO FINISH OUR DEGREE!

Contact your local Navy College Office, <https://www.navycollege.navy.mil> or Upper Iowa University for Education Counseling.

UIU has a wide variety of educational opportunities tailored to fit the dynamic lifestyle of today's military personnel and their families.

From traditional classroom settings on military installations to online delivery or self-paced (guided independent study), UIU has a program and delivery method to fit your needs and goals. The Online delivery method is an accelerated eight-week class period, with one six-week class period in the summer session, allowing for the student to complete courses where she/he has dependable internet connectivity. The self-paced option is a paper/email based program that is specifically designed to make learning as flexible as possible. Internet connectivity is helpful, however, not required for this program.

Our portable learning programs go with you – from home, to the base, to sea or on deployment – no matter where you are. Flexible course and assignment completion schedules work with your military commitments. And UIU programs are accessible, no matter where you are.

Whether you're on the base or on the move, UIU is there – working with you to help you advance toward your goals while you serve your country.

Students may complete lower division general education and free elective credits through CLEP, DSST, Excelsior College, and or ACT-PEP examinations. Credit from accredited colleges and universities will be applied as long as the unique graduation requirements listed above are met.

Tuition and Fees: Upper Iowa University offers discounts to all members of the total military family who are ID cardholders. For current tuition rates go to <https://uiu.edu/future/annual-costs.html>.

For more specific information, go to <https://uiu.edu/future/military-veterans/navy-ratings.html>.

**Effective Date: July 1, 2018**